## EAST MID HIGH

|  | 04/22 | 04/23 | 04/24 | 04/25 | 04/26 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger Cheese, Slice, American Baked Beans Baby Carrots Fresh Fruit | Mac \& Cheese <br> Bread Stick <br> Bean Burrito <br> Mexi Beans <br> Tossed Salad <br> Fresh Fruit | Chicken Strip <br> Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Fresh Fruit | Korean Meatballs <br> Corn Dog <br> Brown Rice <br> Tossed Salad <br> Grape Tomatoes <br> Fresh Fruit | Pizza Pocket, <br> Pepperoni <br> Broccoli <br> Bean Salad <br> Tossed Salad <br> Fresh Fruit |

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

|  | 04/22 | 04/23 | 04/24 | 04/25 | 04/26 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Baby Carrots <br> Pears | Mac \& Cheese <br> Bread Stick <br> Bean Burrito <br> Mexi Beans <br> Tossed Salad <br> Pears | Popcorn Chicken <br> Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Pears | Tangerine Chicken <br> Corn Dog <br> Brown Rice <br> Tossed Salad <br> Grape Tomatoes <br> Pears | Fiesta Pizza <br> Broccoli <br> Bean Salad <br> Pears |

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PONCA CITY HIGH SCHOOL

|  | 04/22 | 04/23 | 04/24 | 04/25 | 04/26 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bowls <br> Italian and Asian | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE <br> BOWLS <br> Fried Rice <br> Vegetable <br> Selection | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE <br> BOWLS <br> PHO <br> Fried Rice <br> Vegetable <br> Selection | Italian Pasta Bowl Vegetable Selection |
| Bowls Mexican and American | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese |
| CHIX <br> Lunch | Chicken Wings <br> Chicken Patty Sandwich <br> Dinner Roll <br> French Fries <br> Assorted Fresh Fruit | Popcorn Smackers <br> Calzone <br> Hamburger <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit | Buffalo Chicken Chunks <br> Steak Fingers <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Popcorn Smackers <br> Chef Jeff's BBQ <br> Beef Sandwich <br> Dinner Roll <br> Assorted Fresh <br> Fruit |
| Eat Muchos Tacos | Taco Bar <br> BYO Stuffed Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito <br> Tostado <br> Street Taco <br> Chicken Day <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |

Menus may change and are subject to availability.

## ST. MARY'S

|  | 04/22 | 04/23 | 04/24 | 04/25 | 04/26 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger Cheese, Slice, American Baked Beans Baby Carrots Pears | Mac \& Cheese <br> Bread Stick <br> Bean Burrito <br> Mexi Beans <br> Tossed Salad <br> Pears | Popcorn Chicken <br> Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Pears | Korean Meatballs <br> Corn Dog <br> Brown Rice <br> Tossed Salad <br> Grape Tomatoes <br> Pears | Fiesta Pizza <br> Broccoli <br> Bean Salad <br> Pears |
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|  | Chicken Tamale <br> Cheese Sauce <br> Mexi Rice <br> Mexi Beans <br> Dessert | Hamburger French Fries Ranch Beans Dessert | Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll | Chicken, Teriyaki <br> Egg Roll <br> Rice, White <br> Broccoli <br> Dessert | Stuff Green Pepper <br> Vegetable <br> Selection <br> Dinner Roll <br> Dessert |

WASHINGTON PRE-K CENTER

|  | $\underline{\underline{\mathbf{0 4} / \mathbf{2 2}}}$ | $\underline{\underline{\mathbf{0 4} / \mathbf{2 3}}}$ | $\underline{\mathbf{0 4 / 2 4}}$ | $\underline{\mathbf{0 4 / 2 5}}$ | $\underline{\mathbf{0 4 / 2 6}}$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Lunch | Hamburger <br> Cheese, Slice, <br> American <br> Baked Beans <br> Pears | Mac \& Cheese <br> Tossed Salad <br> Pears | Popcorn Chicken <br> Mashed Potatoes <br> Pears | Corn Dog <br> Peas <br> Pears | Fiesta Pizza <br> Broccoli <br> Pears |

Menus may change and are subject to availability.

WEST MIDDLE SCHOOL

|  | 04/22 | 04/23 | 04/24 | 04/25 | 04/26 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Baby Carrots <br> Pears | Mac \& Cheese <br> Bread Stick <br> Bean Burrito <br> Mexi Beans <br> Tossed Salad <br> Pears | Popcorn Chicken <br> Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Pears | Tangerine Chicken Corn Dog Brown Rice Tossed Salad Grape Tomatoes Pears | Fiesta Pizza <br> Broccoli <br> Bean Salad <br> Pears |

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