

EAST MID HIGH

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Fresh Fruit	Soft Taco Nachos Meat & Cheese Refried Beans Tossed Salad Mexi Rice Fresh Fruit	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Fresh Fruit	Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Fresh Fruit	Pizza Pocket, Pepperoni Fish Sandwich Broccoli w/Cheese Ranch Dressing Corn Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Orange, Fresh Wedges	Pizza Pocket, Pepperoni Fish Sandwich Broccoli w/Cheese Corn Orange, Fresh Wedges

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PONCA CITY HIGH SCHOOL

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Orange, Fresh Wedges	Grilled Cheese Fish Sandwich Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Chicken Fried Steak Country Gravy Vegetable Selection Mashed Potatoes Dinner Roll Dessert
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WASHINGTON PRE-K CENTER

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Lunch	Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges	Beef Burrito Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Orange, Fresh Wedges	Steak Fingers Green Beans Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Orange, Fresh Wedges

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WEST MIDDLE SCHOOL

	<u>03/04</u>	<u>03/05</u>	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Ranch Dressing Corn Orange, Fresh Wedges

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