

EAST MID HIGH

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Enchilada Chicken Tamale Refried Beans Broccoli Apple Slices Pkg	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Hot Dog Chicken Leg Tossed Salad Baby Carrots Mixed Vegetables Apple Slices Pkg	Cheese Pizza Fish Sticks Peas Corn Apple Slices Pkg

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli Apple Slices Pkg	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Hot Dog Chicken Leg Tossed Salad Baby Carrots Mixed Vegetables Apple Slices Pkg	Cheese Pizza Fish Sticks Peas Corn Apple Slices Pkg

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PONCA CITY HIGH SCHOOL

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Enchilada Hot Ham & Cheese Refried Beans Broccoli Apple Slices Pkg	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Hot Dog Chicken Leg Tossed Salad Baby Carrots Mixed Vegetables Apple Slices Pkg	Cheese Pizza Fish Sticks Peas Corn Apple Slices Pkg

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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strip Green Beans Mashed Potatoes Country Gravy	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection
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WASHINGTON PRE-K CENTER

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Lunch	Rib Patty Sandwich Glazed Carrots Apple Slices Pkg	Nachos Meat & Cheese Refried Beans Apple Slices Pkg	Chicken Strip Mashed Potatoes Apple Slices Pkg	Hot Dog Tossed Salad Apple Slices Pkg	Cheese Pizza Peas Apple Slices Pkg

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WEST MIDDLE SCHOOL

	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli Apple Slices Pkg	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Hot Dog Chicken Leg Tossed Salad Baby Carrots Mixed Vegetables Apple Slices Pkg	Cheese Pizza Fish Sticks Peas Corn Apple Slices Pkg

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