

## **EAST MID HIGH**

	<b><u>02/19</u></b>	<b><u>02/20</u></b>	<b><u>02/21</u></b>	<b><u>02/22</u></b>	<b><u>02/23</u></b>
<b>Lunch</b>		Fiesta Pizza Mini Twin Cheeseburger Tossed Salad Peas Fresh Fruit	Chicken Strip Mashed Potatoes Green Beans Dinner Roll Fresh Fruit	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Fresh Fruit	Mac & Cheese Fish Sandwich Broccoli Bean Salad Fresh Fruit

Menus may change and are subject to availability.  
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## **ELEMENTARY SCHOOLS**

	<b><u>02/19</u></b>	<b><u>02/20</u></b>	<b><u>02/21</u></b>	<b><u>02/22</u></b>	<b><u>02/23</u></b>
<b>Lunch</b>		Fiesta Pizza Mini Twin Cheeseburger Tossed Salad Peas Frozen Strawberries	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Frozen Strawberries	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Mixed Berry Cup	Mac & Cheese Fish Sandwich Broccoli Bean Salad Mixed Berry Cup

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# PONCA CITY HIGH SCHOOL

	<u>02/19</u>	<u>02/20</u>	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>
<b>Bowls Italian and Asian</b>		Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>Bowls Mexican and American</b>		Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
<b>CHIX Lunch</b>		Popcorn Smackers Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>		Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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## ST. MARY'S

	<u>02/19</u>	<u>02/20</u>	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>
<b>Lunch</b>		Fiesta Pizza Mini Twin Cheeseburger Tossed Salad Peas Frozen Strawberries	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Frozen Strawberries	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Mixed Berry Cup	Mac & Cheese Fish Sandwich Broccoli Bean Salad Mixed Berry Cup

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<b>Meals on Wheels</b>		Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll	Chicken, Teriyaki Egg Roll Rice, White Broccoli Dessert	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert
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## WASHINGTON PRE-K CENTER

	<u>02/19</u>	<u>02/20</u>	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>
<b>Lunch</b>		Mini Twin Cheeseburger Peas Frozen Strawberries	Popcorn Chicken Mashed Potatoes Frozen Strawberries	Tangerine Chicken Brown Rice Peas Frozen Strawberries	Mac & Cheese Broccoli Frozen Strawberries

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## WEST MIDDLE SCHOOL

	<u>02/19</u>	<u>02/20</u>	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>
<b>Lunch</b>		Fiesta Pizza Mini Twin Cheeseburger Tossed Salad Peas Frozen Strawberries	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Frozen Strawberries	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Frozen Strawberries	Mac & Cheese Fish Sandwich Broccoli Bean Salad Frozen Strawberries

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