## EAST MID HIGH

|  | 02/12 | 02/13 | 02/14 | 02/15 | 02/16 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Rib Patty <br> Sandwich <br> Baked Beans <br> Glazed Carrots <br> Peaches, Sliced <br> Fresh Fruit | Cheese Enchilada <br> Nachos Meat \& Cheese <br> Refried Beans <br> Tossed Salad <br> Mexi Rice <br> Fresh Fruit | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Fresh Fruit | Hot Dog <br> Chili <br> Tossed Salad <br> Mixed Vegetables <br> Fresh Fruit | Assorted Pizza <br> Fish Sticks <br> Corn <br> Baby Carrots <br> Ranch Dressing <br> Fresh Fruit |

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

|  | $\underline{02 / 12}$ | $\underline{02 / 13}$ | $\underline{02 / 14}$ | 02/15 | $\underline{02 / 16}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Rib Patty <br> Sandwich <br> Baked Beans <br> Glazed Carrots <br> Peaches, Sliced | Cheese Enchilada <br> Nachos Meat \& Cheese <br> Refried Beans <br> Tossed Salad <br> Mexi Rice <br> Peaches, Sliced | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Hot Dog <br> Chili <br> Tossed Salad <br> Mixed Vegetables <br> Peaches, Sliced | Cheese Pizza <br> Fish Sticks Corn <br> Baby Carrots <br> Ranch Dressing Peaches, Sliced |

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| PONCA CITY HIGH SCHOOL |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 02/12 | 02/13 | 02/14 | 02/15 | 02/16 |
| Bowls <br> Italian and Asian | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE BOWLS <br> Fried Rice <br> Vegetable Selection | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE BOWLS <br> Fried Rice Vegetable Selection | Italian Pasta Bowl <br> Vegetable <br> Selection |
| Bowls Mexican and American | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese |
| CHIX <br> Lunch | Chicken Wings <br> Chicken Patty Sandwich <br> Dinner Roll <br> French Fries <br> Assorted Fresh Fruit | Popcorn Smackers <br> Hamburger <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Chicken Strips <br> Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Buffalo Chicken Chunks <br> Steak Fingers <br> French Fries <br> Dinner Roll <br> Assorted Fresh Fruit | Popcorn Smackers <br> Chef Jeff's BBQ <br> Beef Sandwich <br> Dinner Roll <br> Assorted Fresh <br> Fruit |
| Eat Muchos Tacos | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Chicken Day <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |
| Menus may change and are subject to availability. |  |  |  |  |  |

## ST. MARY'S

|  | 02/12 | 02/13 | 02/14 | 02/15 | 02/16 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Glazed Carrots <br> Peaches, Sliced | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Cheese Enchilada <br> Cheese Nachos <br> Refried Beans <br> Tossed Salad <br> Mexi Rice <br> Peaches, Sliced | Hot Dog <br> Chili <br> Tossed Salad <br> Mixed Vegetables <br> Peaches, Sliced | Cheese Pizza <br> Fish Sticks <br> Corn <br> Baby Carrots <br> Ranch Dressing <br> Peaches, Sliced |

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| Meals |
| :--- | :--- | :--- | :--- | :--- | :--- |
| on |
| Wheels |$\quad$| Spaghetti \& | Meatballs |
| :--- | :--- |
| Tossed Salad | Ranch Beans |
| Vegetable | Oven Fried |
| Selection | Potatoes |
| Bread Stick | Dessert |

## WASHINGTON PRE-K CENTER

|  | $\underline{02 / 12}$ | $\underline{\underline{\mathbf{0 2} / \mathbf{1 3}}}$ | $\underline{\underline{\mathbf{0 2} / \mathbf{1 4}}}$ | $\underline{\mathbf{0 2 / 1 5}}$ | $\underline{\mathbf{0 2 / 1 6}}$ |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch |  |  |  |  |  |  | Rib Patty <br> Sandwich <br> Baked Beans <br> Peaches, Sliced |  <br> Cheese <br> Tossed Salad <br> Peaches, Sliced | Chicken Strip <br> Mashed Potatoes <br> Peaches, Sliced | Cheese Enchilada <br> Mixed Vegetables <br> Peaches, Sliced | Fish Sticks <br> Baby Carrots <br> Ranch Dressing <br> Peaches, Sliced |

WEST MIDDLE SCHOOL

|  | 02/12 | 02/13 | 02/14 | 02/15 | 02/16 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Rib Patty <br> Sandwich <br> Baked Beans <br> Glazed Carrots <br> Peaches, Sliced | Cheese Enchilada <br> Nachos Meat \& Cheese <br> Refried Beans <br> Tossed Salad <br> Mexi Rice <br> Peaches, Sliced | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Hot Dog <br> Chili <br> Tossed Salad <br> Mixed Vegetables <br> Peaches, Sliced | Cheese Pizza <br> Fish Sticks <br> Corn <br> Baby Carrots <br> Ranch Dressing <br> Peaches, Sliced |

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