

EAST MID HIGH

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Lunch	Chicken Patty Sandwich Bean Burrito Mexi Beans Baby Carrots Ranch Dressing Fresh Fruit	Soft Taco Meat & Cheese Nachos Refried Beans Tossed Salad Mexi Rice Fresh Fruit	Chicken Nuggets Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	BBQ Sandwich Chicken & Noodles Scalloped Potatoes Tossed Salad Sunchip Assortment Fresh Fruit	Pizza Pocket, Pepperoni Broccoli w/Cheese Tossed Salad Grape Tomatoes Ranch Dressing Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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PONCA CITY HIGH SCHOOL

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Meat & Cheese Nachos Soft Taco Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Chicken & Noodles BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Chicken Fried Steak Country Gravy Vegetable Selection Mashed Potatoes Dessert
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WASHINGTON PRE-K CENTER

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Lunch	Chicken Patty Sandwich Mexi Beans Cinnamon Applesauce	Beef Burrito Tossed Salad Cinnamon Applesauce	Chicken Nuggets Mashed Potatoes Country Gravy Cinnamon Applesauce	Steak Fingers Green Beans Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Cinnamon Applesauce

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WEST MIDDLE SCHOOL

	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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