

## **EAST MID HIGH**

	<u><b>01/01</b></u>	<u><b>01/02</b></u>	<u><b>01/03</b></u>	<u><b>01/04</b></u>	<u><b>01/05</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Tossed Salad Baked Beans Potato Smiles Broccoli w/Cheese Fresh Fruit	Frito Chili Pie Chicken Tamale Glazed Carrots Mexi Beans Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Fresh Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Fresh Fruit

Menus may change and are subject to availability.  
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## **ELEMENTARY SCHOOLS**

	<u><b>01/02</b></u>	<u><b>01/03</b></u>	<u><b>01/04</b></u>	<u><b>01/05</b></u>	<u><b>01/06</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Baked Beans Potato Smiles Broccoli w/Cheese Mixed Fruit	Frito Chili Pie Pretzel Cheddar Cheese Cup Glazed Carrots Mexi Beans Mixed Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit

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# PONCA CITY HIGH SCHOOL

	<u>05/02</u>	<u>05/03</u>	<u>05/04</u>	<u>05/05</u>	<u>05/06</u>
<b>Bowls Italian and Asian</b>	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>Bowls Mexican and American</b>	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
<b>CHIX Lunch</b>	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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## ST. MARY'S

	<u>05/02</u>	<u>05/03</u>	<u>05/04</u>	<u>05/05</u>	<u>05/06</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Baked Beans Potato Smiles Broccoli w/Cheese Mixed Fruit	Frito Chili Pie Pretzel Cheddar Cheese Cup Glazed Carrots Mexi Beans Mixed Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit

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<b>Meals on Wheels</b>	Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert	Hamburger Oven Fried Potatoes Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	TBA	TBA
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## WASHINGTON PRE-K CENTER

	<u>05/02</u>	<u>05/03</u>	<u>05/04</u>	<u>05/05</u>	<u>05/06</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Mixed Fruit	Frito Chili Pie Mexi Beans Mixed Fruit	Chicken Strip Mashed Potatoes Country Gravy Mixed Fruit	Cheese Bites Marinara Sauce Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Mixed Fruit

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## WEST MIDDLE SCHOOL

	<u>05/02</u>	<u>05/03</u>	<u>05/04</u>	<u>05/05</u>	<u>05/06</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Baked Beans Potato Smiles Broccoli w/Cheese Mixed Fruit	Frito Chili Pie Glazed Carrots Mexi Beans Mixed Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit

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