

EAST MID HIGH

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Lunch	Rib Patty Sandwich Hamburger Baked Beans Glazed Carrots Tossed Salad Fresh Fruit	Cheese Enchilada Hot Ham & Cheese Refried Beans Tossed Salad Mexi Rice Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Hot Dog Chili Tossed Salad Mixed Vegetables Birthday Bar Fresh Fruit	Assorted Pizza Corn Baby Carrots Ranch Dressing Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Refried Beans Tossed Salad Mexi Rice Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Chili Tossed Salad Mixed Vegetables Birthday Bar Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears

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PONCA CITY HIGH SCHOOL

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Refried Beans Tossed Salad Mexi Rice Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Nachos Meat & Cheese Tossed Salad Mixed Vegetables Birthday Bar Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears

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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Chicken Fried Steak Country Gravy Vegetable Selection Mashed Potatoes Dessert
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WASHINGTON PRE-K CENTER

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Lunch	Rib Patty Sandwich Baked Beans Mixed Fruit	Hot Ham & Cheese Tossed Salad Mixed Fruit	Chicken Strip Mashed Potatoes Country Gravy Mixed Fruit	Hot Dog Mixed Vegetables Birthday Bar Mixed Fruit	Cheese Pizza Baby Carrots Ranch Dressing Mixed Fruit

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WEST MIDDLE SCHOOL

	<u>12/04</u>	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Refried Beans Tossed Salad Mexi Rice Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Chili Tossed Salad Mixed Vegetables Birthday Bar Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears

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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!