

EAST MID HIGH

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Fresh Fruit	Assorted Pizza Baby Carrots Ranch Dressing Tossed Salad Corn Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit

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PONCA CITY HIGH SCHOOL

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Bowls Italian and Asian			Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American			Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch			Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos			Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	
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Meals on Wheels				BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert

WASHINGTON PRE-K CENTER

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Lunch			Chicken Strip Mashed Potatoes Country Gravy Mixed Fruit	Cheese Bites Marinara Sauce Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Mixed Fruit
Menus may change and are subject to availability.					

WEST MIDDLE SCHOOL

	<u>01/01</u>	<u>01/02</u>	<u>01/03</u>	<u>01/04</u>	<u>01/05</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Chicken & Noodles Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!