EAST MID HIGH						
	<u>12/11</u>	12/12	12/13	12/14	<u>12/15</u>	
Lunch	Mini Twin Cheeseburger	Ravioli Mac & Cheese	Chicken Strip Mashed Potatoes	Tangerine Chicken Steak Fingers	Pizza Pocket, Pepperoni	
	Baked Beans	Garlic Bread	Green Beans	Brown Rice	Broccoli	
	Baby Carrots	Tossed Salad	Dinner Roll	Tossed Salad	Bean Salad	
	Fresh Fruit	Peas	Fresh Fruit	Grape Tomatoes	Tossed Salad	
		Fresh Fruit		Fresh Fruit	Fresh Fruit	

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS						
<u>12/11</u>	<u>12/12</u>	12/13	<u>12/14</u>	<u>12/15</u>		
Mini Twin	Ravioli	Popcorn Chicken	Tangerine Chicken	Fiesta Pizza		
Cheeseburger	Mac & Cheese	Mashed Potatoes	Bean Burrito	Broccoli		
Baked Beans	Garlic Bread	Green Beans	Brown Rice	Bean Salad		
Baby Carrots	Tossed Salad	Dinner Roll	Tossed Salad	Apple Slices Pkg		
Apple Slices Pkg	Peas	Apple Slices Pkg	Grape Tomatoes			
	Apple Slices Pkg	_	Apple Slices Pkg			
	12/11  Mini Twin Cheeseburger Baked Beans Baby Carrots Apple Slices Pkg	12/1112/12Mini Twin CheeseburgerRavioli Mac & CheeseBaked Beans Baby CarrotsGarlic Bread Tossed Salad Peas Apple Slices Pkg	12/1112/1212/13Mini Twin CheeseburgerRavioli Mac & Cheese Garlic Bread Apple Slices PkgPopcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg12/13Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	12/1112/1212/1312/14Mini Twin CheeseburgerRavioli Mac & CheesePopcorn Chicken Mashed PotatoesTangerine Chicken Bean BurritoBaked Beans Baby Carrots Apple Slices PkgGreen Beans Tossed Salad PeasBrown Rice Dinner Roll Apple Slices PkgTossed Salad Grape Tomatoes		

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	PONCA CITY HIGH SCHOOL						
	12/11	12/12	12/13	<u>12/14</u>	<u>12/15</u>		
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection		
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese		
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit		
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit		

Menus may change and are subject to availability.

	ST. MARY'S						
	<u>12/11</u>	<u>12/12</u>	<u>12/13</u>	<u>12/14</u>	<u>12/15</u>		
Lunch	Mini Twin Cheeseburger Baked Beans Baby Carrots Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Steak Fingers Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg		
	Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!						
Meals on Wheels	Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dessert		

WASHINGTON PRE-K CENTER					
	12/11	12/12	12/13	12/14	<u>12/15</u>
Lunch	Mini Twin	Ravioli	Popcorn Chicken	Tangerine Chicken	Fiesta Pizza
	Cheeseburger	Tossed Salad	Mashed Potatoes	Peas	Broccoli
	Baked Beans	Apple Slices Pkg	Country Gravy	Brown Rice	Apple Slices Pkg
	Apple Slices Pkg		Apple Slices Pkg	Apple Slices Pkg	
Menus may change and are subject to availability.					

	WEST MIDDLE SCHOOL							
	12/11	12/12	12/13	12/14	12/15			
Lunch	Mini Twin	Ravioli	Popcorn Chicken	Tangerine Chicken	Fiesta Pizza			
	Cheeseburger	Mac & Cheese	Mashed Potatoes	Bean Burrito	Broccoli			
	Baked Beans	Garlic Bread	Green Beans	Brown Rice	Bean Salad			
	Baby Carrots	Tossed Salad	Dinner Roll	Tossed Salad	Apple Slices Pkg			
	Apple Slices Pkg	Peas	Apple Slices Pkg	Grape Tomatoes				
		Apple Slices Pkg		Apple Slices Pkg				
	Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!							