

EAST MID HIGH

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Lunch	Chicken Patty Sandwich Tossed Salad Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Nachos Meat & Cheese Tossed Salad Refried Beans Mexi Rice Cinnamon Applesauce	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Steak Fingers BBQ Sandwich Tossed Salad Scalloped Potatoes Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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PONCA CITY HIGH SCHOOL

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Wings Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers BBQ Sandwich Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	BBQ Sandwich Chicken & Noodles Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll	Chicken, Teriyaki Egg Roll Broccoli Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert
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WASHINGTON PRE-K CENTER

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Lunch	Chicken Patty Sandwich Mexi Beans Cinnamon Applesauce	Beef Burrito Tossed Salad Cinnamon Applesauce	Chicken Nuggets Mashed Potatoes Cinnamon Applesauce	Steak Fingers Green Beans Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Cinnamon Applesauce

Menus may change and are subject to availability.

WEST MIDDLE SCHOOL

	<u>11/27</u>	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Applesauce	Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Cinnamon Applesauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Applesauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Applesauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Applesauce

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 We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!