EAST MID HIGH

|  | 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Potato Smiles <br> Broccoli w/Cheese <br> Peaches, Sliced <br> Tossed Salad | Corn Dog <br> Frito Chili Pie <br> Glazed Carrots <br> Mexi Beans <br> Peaches, Sliced <br> Tossed Salad | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Cheese Lasagna <br> Cheese Bites <br> Marinara Sauce <br> Italian Vegetables <br> Tossed Salad <br> Peaches, Sliced | Assorted Pizza <br> Baby Carrots <br> Ranch Dressing <br> Corn <br> Peaches, Sliced <br> Tossed Salad |

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

|  | $\underline{11 / 13}$ | $\underline{11 / 14}$ | $\underline{11 / 15}$ | $\underline{11 / 16}$ | $\underline{\mathbf{1 1 / 1 7}}$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Lunch | Hamburger | Corn Dog | Chicken Strip | Cheese Lasagna | Pepperoni Pizza |
|  | Cheese, Slice, | Frito Chili Pie | Green Beans | Cheese Bites | Baby Carrots |
| American | Glazed Carrots | Mashed Potatoes | Marinara Sauce | Ranch Dressing |  |
| Baked Beans | Mexi Beans | Dinner Roll | Italian Vegetables | Corn |  |
| Potato Smiles |  |  |  |  |  |
| Broccoli w/Cheese | Peaches, Sliced | Peaches, Sliced | Tossed Salad <br> Peaches, Sliced | Peaches, Sliced |  |
|  | Peaches, Sliced |  |  |  |  |

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

| PONCA CITY HIGH SCHOOL |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| Bowls <br> Italian and Asian | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS <br> Fried Rice Vegetable Selection | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE BOWLS <br> PHO <br> Fried Rice <br> Vegetable <br> Selection | Italian Pasta Bowl <br> Vegetable <br> Selection |
| Bowls <br> Mexican and American | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese |
| CHIX <br> Lunch | Chicken Wings <br> Dinner Roll <br> French Fries <br> Assorted Fresh Fruit | Popcorn Smackers <br> Calzone <br> Hamburger <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit | Buffalo Chicken Chunks <br> Steak Fingers <br> French Fries <br> Dinner Roll <br> Assorted Fresh Fruit | Popcorn Smackers BBQ Sandwich Dinner Roll Assorted Fresh Fruit |
| Eat Muchos Tacos | Taco Bar <br> BYO Stuffed Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Chicken Day <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |
| Menus may change and are subject to availability. |  |  |  |  |  |

## ST. MARY'S

|  | 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Potato Smiles <br> Broccoli w/Cheese <br> Peaches, Sliced | Frito Chili Pie Corn Dog Glazed Carrots Mexi Beans Peaches, Sliced | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Peaches, Sliced | Pepperoni Pizza <br> Baby Carrots <br> Ranch Dressing <br> Corn <br> Peaches, Sliced |

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

| Meals <br> on <br> Wheels | Dessert | Hamburger <br> Ranch Beans <br> Dessert | Chicken Strips <br> Green Beans <br> Mashed Potatoes <br> Country Gravy <br> Dinner Roll <br> Dessert | Dessert | Vegetable <br> Selection |
| :--- | :--- | :--- | :--- | :--- | :--- |

WASHINGTON PRE-K CENTER

|  | 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Hamburger <br> Cheese, Slice, <br> American <br> Broccoli w/Cheese <br> Peaches, Sliced | Corn Dog <br> Mexi Beans <br> Peaches, Sliced | Chicken Strip <br> Mashed Potatoes <br> Peaches, Sliced | Cheese Bites <br> Marinara Sauce <br> Tossed Salad <br> Peaches, Sliced | Pepperoni Pizza <br> Baby Carrots <br> Ranch Dressing <br> Peaches, Sliced |

Menus may change and are subject to availability.

| WEST MIDDLE SCHOOL |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| Lunch | Hamburger <br> Cheese, Slice, American <br> Baked Beans <br> Potato Smiles <br> Broccoli w/Cheese <br> Peaches, Sliced | Corn Dog <br> Frito Chili Pie <br> Glazed Carrots <br> Mexi Beans <br> Peaches, Sliced | Chicken Strip <br> Green Beans <br> Mashed Potatoes <br> Dinner Roll <br> Peaches, Sliced | Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Peaches, Sliced | Pepperoni Pizza <br> Baby Carrots <br> Ranch Dressing <br> Corn <br> Peaches, Sliced |
| Menus may change and are subject to availability. <br> We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!! |  |  |  |  |  |

