

EAST MID HIGH

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Tossed Salad Ranch Dressing Fresh Fruit	Soft Taco Steak Fingers Tossed Salad Refried Beans Mexi Rice Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	BBQ Sandwich Chicken Wrap Scalloped Potatoes Tossed Salad Sunchip Assortment Fresh Fruit	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Tossed Salad Ranch Dressing Fresh Fruit

Menus may change and are subject to availability.
 We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Tossed Salad Ranch Dressing Cinnamon Appleseauce	Soft Taco Beef Burrito Refried Beans Mexi Rice Cinnamon Appleseauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Appleseauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Appleseauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Appleseauce

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PONCA CITY HIGH SCHOOL

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Chef Jeff's BBQ Beef Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Appleseauce	Soft Taco Beef Burrito Refried Beans Mexi Rice Cinnamon Appleseauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Appleseauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Appleseauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Appleseauce

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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich Oven Fried Potatoes Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dessert
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WASHINGTON PRE-K CENTER

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Lunch	Chicken Patty Sandwich Mexi Beans Cinnamon Appleseauce	Soft Taco Tossed Salad Ranch Dressing Cinnamon Appleseauce	Chicken Nuggets Mashed Potatoes Country Gravy Cinnamon Appleseauce	Steak Fingers Green Beans Cinnamon Appleseauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Cinnamon Appleseauce

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WEST MIDDLE SCHOOL

	<u>10/23</u>	<u>10/24</u>	<u>10/25</u>	<u>10/26</u>	<u>10/27</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Cinnamon Appleseauce	Soft Taco Beef Burrito Refried Beans Mexi Rice Cinnamon Appleseauce	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Cinnamon Appleseauce	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Cinnamon Appleseauce	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Cinnamon Appleseauce

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