

EAST MID HIGH

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Fresh Fruit	Chicken Wrap Soft Taco Refried Beans Mexi Rice Fresh Fruit	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Fresh Fruit	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Fresh Fruit	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

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PONCA CITY HIGH SCHOOL

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks BBQ Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

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Meals on Wheels	Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert	Hamburger Oven Fried Potatoes Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert
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WASHINGTON PRE-K CENTER

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Green Beans Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Orange, Fresh Wedges

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WEST MIDDLE SCHOOL

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

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