

EAST MID HIGH

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Mini Twin Cheeseburger Bean Burrito Baked Beans Baby Carrots Apple Slices Pkg	Ravioli Mac & Cheese Tossed Salad Garlic Bread Peas Apple Slices Pkg	Chicken Strip Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Chicken Wrap Tangerine Chicken Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Pizza Pocket, Pepperoni Broccoli Bean Salad Apple Slices Pkg

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Mini Twin Cheeseburger Baked Beans Baby Carrots Apple Slices Pkg	Ravioli Mac & Cheese Tossed Salad Garlic Bread Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg

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PONCA CITY HIGH SCHOOL

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks BBQ Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

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ST. MARY'S

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Mini Twin Cheeseburger Baked Beans Baby Carrots Apple Slices Pkg	Ravioli Mac & Cheese Tossed Salad Garlic Bread Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg

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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strip Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dessert
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WASHINGTON PRE-K CENTER

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Mini Twin Cheeseburger Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Apple Slices Pkg	Tangerine Chicken Brown Rice Peas Apple Slices Pkg	Fiesta Pizza Broccoli Apple Slices Pkg

Menus may change and are subject to availability.

WEST MIDDLE SCHOOL

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Mini Twin Cheeseburger Baby Carrots Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Tossed Salad Garlic Bread Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg

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