

EAST MID HIGH

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Lunch				Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mexi Rice Fresh Fruit	Assorted Pizza Baby Carrots Ranch Dressing Corn Fresh Fruit

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Lunch				Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mexi Rice Cinnamon Apple Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Cinnamon Apple Slices

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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Bowls Italian and Asian				Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American				Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch				Buffalo Chicken Chunks Chef Jeff's BBQ Beef Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit

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ST. MARY'S

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Lunch				Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Mexi Rice Cinnamon Apple Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Cinnamon Apple Slices
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Meals on Wheels		Chicken Patty Sandwich French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll	Chicken, Teriyaki Egg Roll Broccoli Dessert	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert

WASHINGTON PRE-K CENTER

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Lunch				Cheese Bites Marinara Sauce Tossed Salad Cinnamon Apple Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Cinnamon Apple Slices
Menus may change and are subject to availability.					

WEST MIDDLE SCHOOL

	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>
Lunch				Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Cinnamon Apple Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Cinnamon Apple Slices
Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					