

EAST MID HIGH

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Lunch	Chicken Patty Sandwich Chicken Wrap Baby Carrots Ranch Dressing Mexi Beans Fresh Fruit	Soft Taco Beef Burrito Refried Beans Mexi Rice Tossed Salad Fresh Fruit	Chicken Strips Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Steak Fingers BBQ Sandwich Tossed Salad Scalloped Potatoes Sunchip Assortment Fresh Fruit	TBA

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Lunch	Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Chef Jeff's BBQ Beef Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit

Menus may change and are subject to availability.

ST. MARY'S

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Lunch	Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	TBA

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

Meals on Wheels	Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert	Hamburger Oven Fried Potatoes Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert
------------------------	-----------------------------------------------------------------------------	------------------------------------------------------------	---------------------------------------------------------------------------------------------	------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------

WASHINGTON PRE-K CENTER

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Lunch	Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Ranch Dressing Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Country Gravy Orange, Fresh Wedges	Steak Fingers Green Beans Orange, Fresh Wedges	TBA

Menus may change and are subject to availability.

WEST MIDDLE SCHOOL

	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>	<u>08/31</u>	<u>09/01</u>
Lunch	Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Refried Beans Mexi Rice Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	Steak Fingers BBQ Sandwich Scalloped Potatoes Tossed Salad Sunchip Assortment Orange, Fresh Wedges	TBA

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!