

## EAST MID HIGH

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Lunch</b>	Chicken Patty Sandwich Chicken Wrap Baked Beans Baby Carrots Tossed Salad Sweet Potato Fries Fresh Fruit	Soft Taco Beef Burrito Mexi Rice Mexi Beans Tossed Salad Fresh Fruit	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Fresh Fruit	Rib Patty Sandwich Steak Fingers Tossed Salad Oven Fry Wedges Sunchip Assortment Fresh Fruit	

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Lunch</b>	Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup	Soft Taco Beef Burrito Mexi Beans Tossed Salad Peach Cup	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peach Cup	Rib Patty Sandwich Steak Fingers Tossed Salad Oven Fry Wedges Peach Cup	

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# PONCA CITY HIGH SCHOOL

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Bowls Italian and Asian</b>	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>CHIX Lunch</b>	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.  
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## ST. MARY'S

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Lunch</b>	Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup	Soft Taco Beef Burrito Mexi Beans Tossed Salad Peach Cup	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peach Cup	Rib Patty Sandwich Steak Fingers Tossed Salad Oven Fry Wedges Sunchip Assortment Peach Cup	Grilled Cheese Broccoli w/Cheese Grape Tomatoes Ranch Dressing Peach Cup
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<b>Meals on Wheels</b>	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert
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## WASHINGTON PRE-K CENTER

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Lunch</b>	Chicken Patty Sandwich Baked Beans Peach Cup	Beef Burrito Tossed Salad Peach Cup	Chicken Nuggets Mashed Potatoes Peach Cup	Steak Fingers Green Beans Peach Cup	

## WEST MIDDLE SCHOOL

	<u>03/06</u>	<u>03/07</u>	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>
<b>Lunch</b>	Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup	Soft Taco Beef Burrito Mexi Beans Tossed Salad Peach Cup	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peach Cup	Rib Patty Sandwich Steak Fingers Tossed Salad Oven Fry Wedges Sunchip Assortment Peach Cup	
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					