

EAST MID HIGH

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Lunch	Hamburger Baked Beans Tossed Salad Glazed Carrots Fresh Fruit	Cheese Enchilada Nachos Meat & Cheese Refried Beans Tossed Salad Fresh Fruit	Popcorn Chicken Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Hot Dog Ravioli Garlic Bread Tossed Salad Mixed Vegetables Fresh Fruit	Cheese Pizza Pepperoni Pizza Corn Baby Carrots Tossed Salad Ranch Dressing Fresh Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Lunch	Hamburger Cheese, Slice, American Glazed Carrots Baked Beans Mixed Fruit	Cheese Enchilada Meat & Cheese Nachos Refried Beans Tossed Salad Mixed Fruit	Chicken Strip Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Hot Dog Ravioli Garlic Bread Mixed Vegetables Tossed Salad Mixed Fruit	Cheese Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
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ST. MARY'S

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Lunch		Cheese Enchilada Refried Beans Mexi Beans Tossed Salad Mixed Fruit	Chicken Strip Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Hot Dog Ravioli Garlic Bread Mixed Vegetables Tossed Salad Mixed Fruit	Cheese Pizza Baby Carrots Corn Mixed Fruit

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Meals on Wheels	Chicken Chunks Queso Cheese Sauce Oven Fry Wedges Tossed Salad Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll	Chicken, Teriyaki Egg Roll Broccoli Vanilla Pudding Snack	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert
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WASHINGTON PRE-K CENTER

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Mixed Fruit	Nachos Meat & Cheese Tossed Salad Mixed Fruit	Chicken Strip Mashed Potatoes Mixed Fruit	Ravioli Mixed Vegetables Mixed Fruit	Cheese Pizza Baby Carrots Mixed Fruit

WEST MIDDLE SCHOOL

	<u>03/20</u>	<u>03/21</u>	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>
Lunch	Hamburger Baked Beans Glazed Carrots Apple Slices Pkg Mixed Fruit	Cheese Enchilada Nachos Meat & Cheese Refried Beans Tossed Salad Mixed Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	Hot Dog Ravioli Garlic Bread Tossed Salad Mixed Vegetables Mixed Fruit	Cheese Pizza Corn Baby Carrots Ranch Dressing Mixed Fruit

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!