

EAST MID HIGH

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots	Chicken Strip Green Beans Mashed Potatoes Dinner Roll	Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad	Pepperoni Pizza Baby Carrots Ranch Dressing Corn
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Frozen Strawberries	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots Frozen Strawberries	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Frozen Strawberries	Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Frozen Strawberries	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Frozen Strawberries
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

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ST. MARY'S

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Frozen Strawberries	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots Frozen Strawberries	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Frozen Strawberries	Mini Twin Cheeseburger Cheese Lasagna Marinara Sauce Italian Vegetables Tossed Salad Frozen Strawberries	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Frozen Strawberries

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Meals on Wheels	Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert	Hamburger Oven Fried Potatoes Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert
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WASHINGTON PRE-K CENTER

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Lunch	Hamburger Cheese, Slice, American Broccoli w/Cheese Frozen Strawberries	Hot Ham & Cheese Mexi Beans Frozen Strawberries	Chicken Strip Mashed Potatoes Strawberries, Fresh	Mini Twin Cheeseburger Tossed Salad Strawberries, Fresh	Pepperoni Pizza Baby Carrots Ranch Dressing Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Frozen Strawberries	Cheese Lasagna Cheese Bites Marinara Sauce Italian Vegetables Tossed Salad Frozen Strawberries	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Frozen Strawberries

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!