

EAST MID HIGH

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Lunch	Mini Corn Dogs Chicken Wrap Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Pepperoni Pizza Broccoli Bean Salad Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Lunch	Mini Corn Dogs Glazed Carrots Baked Beans Apple Slices Pkg Cheese Stick	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg Cheese Stick	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg Cheese Stick	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Apple Slices Pkg Cheese Stick	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg Cheese Stick
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
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ST. MARY'S

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Lunch	Mini Corn Dogs Baked Beans Glazed Carrots Apple Slices Pkg Cheese Stick	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg Cheese Stick	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg Cheese Stick	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Apple Slices Pkg Cheese Stick	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg Cheese Stick
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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Lunch	Mini Corn Dogs Baked Beans Apple Slices Pkg Cheese Stick Mashed Potatoes	Mac & Cheese Tossed Salad Ranch Dressing Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Country Gravy Apple Slices Pkg	Tangerine Chicken Brown Rice Peas Apple Slices Pkg Cheese Stick	Fiesta Pizza Broccoli Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>	<u>11/10</u>	<u>11/11</u>
Lunch	Mini Corn Dogs Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg
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