

## EAST MID HIGH

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Lunch</b>	Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Fresh Fruit	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Fresh Fruit	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Fresh Fruit	BBQ Sandwich Steak Fingers Tossed Salad Cheesy Mashed Potatoes Sunchip Assortment	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

## ELEMENTARY SCHOOLS

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Lunch</b>	Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Mixed Fruit	Soft Taco Beef Burrito Tossed Salad Mexi Rice Refried Beans Mixed Fruit	Chicken Nuggets Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	BBQ Sandwich Steak Fingers Tossed Salad Cheesy Mashed Potatoes Sunchip Assortment Mixed Fruit	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Mixed Fruit
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# PONCA CITY HIGH SCHOOL

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Bowls Italian and Asian</b>	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>CHIX Lunch</b>	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

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## ST. MARY'S

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Mixed Fruit	Beef Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Mixed Fruit	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Mixed Fruit	BBQ Sandwich Steak Fingers Tossed Salad Cheesy Mashed Potatoes Sunchip Assortment Mixed Fruit	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Mixed Fruit

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<b>Meals on Wheels</b>	Dessert	Hamburger  Ranch Beans  Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Dessert	Vegetable Selection  Dessert
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## WASHINGTON PRE-K CENTER

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Mixed Fruit	Beef Burrito Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Country Gravy Mixed Fruit	Steak Fingers Green Beans Mixed Fruit	Pizza Pocket Broccoli w/Cheese Mixed Fruit

## WEST MIDDLE SCHOOL

	<u>11/28</u>	<u>11/29</u>	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Mixed Fruit	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Mixed Fruit	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Mixed Fruit	BBQ Sandwich Steak Fingers Tossed Salad Cheesy Mashed Potatoes Sunchip Assortment	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!