

## EAST MID HIGH

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American French Fries Baked Beans Broccoli w/Cheese Fresh Fruit	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Fresh Fruit	Pepperoni Pizza Cheese Pizza Baby Carrots Ranch Dressing Corn Fresh Fruit

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Mixed Berry Cup	Corn Dog Hot Ham & Cheese Mexi Beans Glazed Carrots Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Mixed Berry Cup	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Berry Cup

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# PONCA CITY HIGH SCHOOL

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Bowls Italian and Asian</b>	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>CHIX Lunch</b>	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPING, and SALSA

Menus may change and are subject to availability.  
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## ST. MARY'S

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Peaches, Sliced	Hot Ham & Cheese Corn Dog Mexi Beans Glazed Carrots Peaches, Sliced	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Peaches, Sliced	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Peaches, Sliced	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Peaches, Sliced
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					
<b>Meals on Wheels</b>	Chicken, Teriyaki Egg Roll Broccoli Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strip Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Chicken Fried Steak Brown Gravy Mashed Potatoes Vegetable Selection Dessert
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## WASHINGTON PRE-K CENTER

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Peaches, Sliced	Hot Ham & Cheese Mexi Beans Peaches, Sliced	Chicken Strip Mashed Potatoes Country Gravy Peaches, Sliced	Cheese Bites Marinara Sauce Tossed Salad Peaches, Sliced	Pepperoni Pizza Baby Carrots Ranch Dressing Peaches, Sliced

## WEST MIDDLE SCHOOL

	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Mixed Berry Cup	Corn Dog Hot Ham & Cheese Mexi Beans Glazed Carrots Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Mixed Berry Cup	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Berry Cup
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					