

EAST MID HIGH

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Lunch		Frito Chili Pie Hot Dog Mexi Beans Glazed Carrots Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Fresh Fruit	Pepperoni Pizza Cheese Pizza Baby Carrots Ranch Dressing Corn Fresh Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Lunch		Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Pears	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Pears
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
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ST. MARY'S

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Peaches, Sliced	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Peaches, Sliced	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Peaches, Sliced
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Meals on Wheels		Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strip Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Lunch		Frito Chili Pie Mexi Beans Pears	Chicken Strip Mashed Potatoes Pears	Cheese Bites Marinara Sauce Tossed Salad Pears	Pepperoni Pizza Baby Carrots Ranch Dressing Pears

WEST MIDDLE SCHOOL

	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>	<u>10/21</u>
Lunch		Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Pears	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Pears
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					