

EAST MID HIGH

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Beef Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Beef Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges
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PONCA CITY HIGH SCHOOL

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.

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ST. MARY'S

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Beef Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Bread Stick Fresh Fruit	Hamburger Oven Fried Potatoes Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Vanilla Pudding Snack	IMAC's Bomb Pulled Pork Sandwich Baked Beans Fresh Tossed Salad Dessert	Chicken Fried Steak Mashed Potatoes Country Gravy Vegetable Selection Dessert
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WASHINGTON PRE-K CENTER

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Lunch	Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Orange, Fresh Wedges	Steak Fingers Green Beans Orange, Fresh Wedges	Pizza Pocket Broccoli w/Cheese Orange, Fresh Wedges

WEST MIDDLE SCHOOL

	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>	<u>09/30</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges	BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!