

EAST MID HIGH

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Lunch	Mini Corn Dogs Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Lunch	Mini Corn Dogs Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg
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PONCA CITY HIGH SCHOOL

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit
YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA					
Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ST. MARY'S

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Lunch	Mini Corn Dogs Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	
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Meals on Wheels	Spaghetti & Meatballs Tossed Salad Bread Stick Fresh Fruit	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Ice Cream Cup	IMAC's Bomb Pulled Pork Sandwich Baked Beans Fresh Tossed Salad Dessert	Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Lunch	Mini Corn Dogs Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Apple Slices Pkg	Tangerine Chicken Brown Rice Peas Apple Slices Pkg	Fiesta Pizza Broccoli Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>	<u>09/16</u>
Lunch	Mini Corn Dogs Carrot Sticks Ranch Dressing Baked Beans Apple Slices Pkg	Ravioli Mac & Cheese Garlic Bread Tossed Salad Peas Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Beef Bean Burrito Brown Rice Tossed Salad Grape Tomatoes Apple Slices Pkg	Fiesta Pizza Broccoli Bean Salad Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					