

EAST MID HIGH

	<u>04/11</u>	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>
Lunch	Chicken Patty Sandwich Bean Burrito Baby Carrots Tossed Salad Ranch Dressing Mexi Beans Fresh Fruit	Soft Taco Taco Burger Tossed Salad Ranch Dressing Refried Beans Fresh Fruit	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Fresh Fruit	BBQ Sandwich Corn Dog Peas Multigrain Sun Chip Tossed Salad Fresh Fruit	

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>04/11</u>	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>
Lunch	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Apple Slices Pkg	Soft Taco Taco Burger Tossed Salad Ranch Dressing Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Grilled Cheese Sandwich Peas Multigrain Sun Chip Tossed Salad Apple Slices Pkg	

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

	<u>04/04</u>	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>
Retro	Mini Corn Dogs Baby Carrots Baked Beans Tossed Salad Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit Tossed Salad	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	BBQ Sandwich Tossed Salad Sun Chip Assortment Oven Fry Wedges Fresh Fruit	
CHIX	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Tangerine Chicken Thai Chicken Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick	<u>Mexican Kiosk</u> Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	

MY WAY CAFE is a concept that allows STUDENTS to BUILD their OWN combinations!

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad	
	Salad, Grilled Chicken Garden	Salad, Grilled Chicken Garden	Salad, Grilled Chicken Garden	Salad, Grilled Chicken Garden	
	Salad, Ham Garden	Salad, Chicken Caesar	Salad, Ham Garden	Salad, Chicken Caesar	
	Salad, Southern Berry		Salad, Southern Berry		
	Salad, Chicken Caesar		Salad, Chicken Caesar		

On the FLY is a Grab and Go line featuring FRESH menu items.
Other items including milk, fruit, vegetables, and grains will be offered as part of the meal.

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	04/04	04/05	04/06	04/07	04/08
Lunch	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Apple Slices Pkg	Taco Burger Tossed Salad Ranch Dressing Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Apple Slices Pkg	Grilled Cheese Sandwich Peas Tossed Salad Multigrain Sun Chip Apple Slices Pkg

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

Meals on Wheels	Chicken, Teriyaki Egg Roll Broccoli Rice, White Dessert	Hamburger Cheese, Slice, American French Fries Baked Beans Dessert	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Dessert	BBQ Sandwich Tossed Salad Sun Chip Assortment Dessert	Salisbury Steak Mashed Potatoes Brown Gravy Glazed Carrots Dinner Roll Dessert
------------------------	---	--	--	--	---

Menus may change and are subject to availability.

WASHINGTON PRE-K CENTER

	<u>02/07</u>	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>
Lunch	Chicken Patty Sandwich Mexi Beans Apple Slices Pkg	Soft Taco Tossed Salad Ranch Dressing Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Apple Slices Pkg	Grilled Cheese Sandwich Seasoned Green Beans Multigrain Sun Chip Apple Slices Pkg	

WEST MIDDLE SCHOOL

	<u>04/04</u>	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>
Lunch	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Apple Slices Pkg	Soft Taco Taco Burger Tossed Salad Ranch Dressing Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Grilled Chicken Sandwich Peas Multigrain Sun Chip Tossed Salad Apple Slices Pkg	

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!