

EAST MID HIGH

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Lunch	Hot Dog Steak Fingers Baked Beans Glazed Carrots Dressing, Ranch Pineapple Tidbits	Cheese Pocket Chicken Cheese Crispito Marinara Sauce Tossed Salad Refried Beans Pineapple Tidbits			
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Lunch	Hot Dog Baked Beans Glazed Carrots Dressing, Ranch Pineapple Tidbits	Cheese Pocket Marinara Sauce Tossed Salad Refried Beans Pineapple Tidbits			
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Retro	Chicken & Noodles Bread Stick Tossed Salad Peas Glazed Carrots Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit Tossed Salad			
CHIX	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted			
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Tangerine Chicken Thai Chicken Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie			

MY WAY CAFE is a concept that allows STUDENTS to BUILD their OWN combinations!

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly

Crispy Chicken
Salad
Salad, Grilled
Chicken Garden
Salad, Ham
Garden
Salad, Southern
Berry
Salad, Chicken
Caesar

Crispy Chicken
Salad
Salad, Grilled
Chicken Garden
Salad, Chicken
Caesar

On the FLY is a Grab and Go line featuring FRESH menu items.
Other items including milk, fruit, vegetables, and grains will be offered as part of the meal.

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Lunch					
Meals on Wheels	Chicken & Noodles Peas Fresh Tossed Salad Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert			
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Lunch	Hot Dog Baked Beans Pineapple Tidbits	Cheese Pocket Marinara Sauce Tossed Salad Pineapple Tidbits			

WEST MIDDLE SCHOOL

	<u>11/22</u>	<u>11/23</u>	<u>11/24</u>	<u>11/25</u>	<u>11/26</u>
Lunch	Hot Dog Steak Fingers Baked Beans Glazed Carrots Dressing, Ranch Pineapple Tidbits	Cheese Pocket Marinara Sauce Chicken Cheese Crispito Tossed Salad Refried Beans Pineapple Tidbits			
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					