

## EAST MID HIGH

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Lunch</b>	Chicken Patty Sandwich Beef Bean Burrito Baby Carrots Ranch Dressing Mexi Beans	Soft Taco Tossed Salad Refried Beans Ranch Dressing Jello	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll	Steak Fingers BBQ Sandwich Biscuit Tossed Salad Ranch Dressing Scalloped Potatoes	Pizza Pocket, Pepperoni Grape Tomatoes Ranch Dressing Broccoli w/Cheese
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

## ELEMENTARY SCHOOLS

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Lunch</b>	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Refried Beans Ranch Dressing Jello Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Orange, Fresh Wedges	Steak Fingers Biscuit Tossed Salad Ranch Dressing Scalloped Potatoes Orange, Fresh Wedges	Pizza Pocket, Pepperoni Grape Tomatoes Ranch Dressing Broccoli w/Cheese Orange, Fresh Wedges
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

# PONCA CITY HIGH SCHOOL

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Retro</b>	Mini Corn Dogs Baked Beans Baby Carrots Tossed Salad Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Pizza, Assorted Tossed Salad Cherry Tomatoes Broccoli Fresh Fruit
<b>CHIX</b>	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Chunk Dinner Roll Fruit, Fresh Assorted
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Pork Season Cuban Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Tangerine Chicken Thai Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

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## ST. MARY'S

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Lunch</b>	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Refried Beans Ranch Dressing Jello Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Orange, Fresh Wedges	Steak Fingers Biscuit Tossed Salad Ranch Dressing Scalloped Potatoes Orange, Fresh Wedges	Pizza Pocket, Pepperoni Grape Tomatoes Ranch Dressing Broccoli w/Cheese Orange, Fresh Wedges

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## WASHINGTON PRE-K CENTER

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Ranch Dressing Jello Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Country Gravy Orange, Fresh Wedges	Steak Fingers Biscuit Green Beans Orange, Fresh Wedges	Pizza Pocket, Pepperoni Broccoli w/Cheese Orange, Fresh Wedges

## WEST MIDDLE SCHOOL

	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>
<b>Lunch</b>	Chicken Patty Sandwich Beef Bean Burrito Baby Carrots Ranch Dressing Mexi Beans Orange, Fresh Wedges	Soft Taco Tossed Salad Refried Beans Ranch Dressing Jello Orange, Fresh Wedges	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Orange, Fresh Wedges	Steak Fingers Biscuit BBQ Sandwich Tossed Salad Ranch Dressing Scalloped Potatoes Orange, Fresh Wedges	Pizza Pocket, Pepperoni Grape Tomatoes Ranch Dressing Broccoli w/Cheese Orange, Fresh Wedges
<b>Meals on Wheels</b>	Chicken, Teriyaki Broccoli Egg Roll Rice, White Dessert	Hamburger Ranch Beans Oven Fried Potatoes Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Ice Cream Cup	Beef Burrito Mexi Rice Mexi Beans Tossed Salad Dessert	Spaghetti & Meat Sauce Carrot Sticks Tossed Salad Bread Stick Fresh Fruit

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