

EAST MID HIGH

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Lunch	Hamburger Cheese Cheddar Baked Beans Baby Carrots Potato Wedge Tossed Salad Apples Cinnamon Slices	Frito Chili Pie Sandwich, Meatball Tossed Salad Grape Tomatoes Apples Cinnamon Slices	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apples Cinnamon Slices	Chicken Patty Sandwich Frito Chili Pie Tossed Salad Baked Beans Apples Cinnamon Slices	Cheese Lasagna Pepperoni Pizza Refried Beans Corn Tossed Salad Apples Cinnamon Slices

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Lunch	Hamburger Baked Beans Oven Fry Wedges Peaches, Sliced	Hot Dog on Bun Tossed Salad Baby Carrots Harvest Cheddar Sun Chip Peaches, Sliced	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	Frito Chili Pie Tossed Salad Refried Beans Peaches, Sliced	Pepperoni Pizza Baby Carrots Corn Jello Peaches, Sliced

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PONCA CITY HIGH SCHOOL

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Retro	Frito Chili Pie Refried Beans Grape Tomatoes Tossed Salad Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Cheese Pocket Broccoli w/Cheese Pasta Salad Tossed Salad Fresh Fruit	Pizza, Assorted Grape Tomatoes Tossed Salad California Blend Veggies Fresh Fruit
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Lunch	Hamburger Baked Beans French Fries Apples Cinnamon Slices	Hot Dog Refried Beans Tossed Salad Apples Cinnamon Slices	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apples Cinnamon Slices	Chicken Patty Sandwich Tossed Salad Baked Beans Grape Tomatoes Apples Cinnamon Slices	Pepperoni Pizza Baby Carrots Corn Apples Cinnamon Slices
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WASHINGTON PRE-K CENTER

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Lunch	Hamburger French Fries Peaches, Sliced	Hot Dog Tossed Salad Peaches, Sliced	Chicken Leg Mashed Potatoes Country Gravy Peaches, Sliced	Frito Chili Pie Refried Beans Peaches, Sliced	Pepperoni Pizza Corn Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>05/10</u>	<u>05/11</u>	<u>05/12</u>	<u>05/13</u>	<u>05/14</u>
Lunch	Hamburger French Fries Baby Carrots Peaches, Sliced	Hot Dog Sandwich, Meatball Grape Tomatoes Tossed Salad Peaches, Sliced	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	Frito Chili Pie Chicken Patty Sandwich Refried Beans Tossed Salad Peaches, Sliced	Pepperoni Pizza Wedge Baby Carrots Corn Jello Peaches, Sliced
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					