

EAST MID HIGH

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Lunch	Mini Corn Dogs Rib Patty Sandwich Baby Carrots Baked Beans Tossed Salad Mixed Fruit	Mac & Cheese Tossed Salad Peas Mixed Fruit	Popcorn Smackers Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Chicken Wrap Pepperoni Pinwheel Tossed Salad Bean Salad Berry Apple Crisp Bar Mixed Fruit	Pizza, Assorted Broccoli w/Cheese Grape Tomatoes Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Lunch	Mini Corn Dogs Carrot Sticks Baked Beans Mixed Fruit	Mac & Cheese Tossed Salad Peas Mixed Fruit	Popcorn Smackers Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Pepperoni Pinwheel Tossed Salad Bean Salad Berry Apple Crisp Bar Mixed Fruit	Cheese Pocket Marinara Sauce Broccoli w/Cheese Grape Tomatoes Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Retro	Breaded Mini Ravioli Marinara Sauce California Blend Veggies Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Burrito Xtreme Bean/Cheese Baked Beans Corn Tossed Salad Fresh Fruit	Pizza, Assorted Pasta Salad Baby Carrots Tossed Salad Fresh Fruit
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Lunch		Mac & Cheese Tossed Salad Peas Mixed Fruit	Popcorn Smackers Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Chicken Wrap Tossed Salad Bean Salad Mixed Fruit	Cheese Pocket Marinara Sauce Broccoli w/Cheese Grape Tomatoes Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Lunch	Mini Corn Dogs Baby Carrots Mixed Fruit	Mac & Cheese Tossed Salad Mixed Fruit	Popcorn Smackers Mashed Potatoes Country Gravy Mixed Fruit	Pepperoni Pinwheel Tossed Salad Blueberry Lemon Crisp Bar Mixed Fruit	Cheese Bites Marinara Sauce Broccoli w/Cheese Mixed Fruit

WEST MIDDLE SCHOOL

	<u>04/05</u>	<u>04/06</u>	<u>04/07</u>	<u>04/08</u>	<u>04/09</u>
Lunch	Mini Corn Dogs Rib Patty Sandwich Baby Carrots Baked Beans Mixed Fruit	Mac & Cheese Tossed Salad Peas Mixed Fruit	Popcorn Smackers Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Pepperoni Pinwheel Chicken Wrap Tossed Salad Bean Salad Berry Apple Crisp Bar Mixed Fruit	Cheese Pocket Marinara Sauce Broccoli w/Cheese Grape Tomatoes Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					