

## EAST MID HIGH

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Lunch</b>	Hamburger Glazed Carrots Ranch Beans Pears: Canned, Light Syrup Tossed Salad	Soft Taco Hot Dog Tossed Salad Refried Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Pears: Canned, Light Syrup	Mac & Cheese Chicken Parmesan Garlic Bread Baby Carrots Oven Fry Wedges Tossed Salad Pears: Canned, Light Syrup	Pizza, Assorted Grape Tomatoes Corn Tossed Salad Jello Pears: Canned, Light Syrup

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Glazed Carrots Baked Beans Mixed Berry Frozen Cup	Soft Taco Tossed Salad Refried Beans Mixed Berry Frozen Cup	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Berry Frozen Cup	Pepperoni Pinwheel Baby Carrots Corn Mixed Berry Frozen Cup	Mac & Cheese Grape Tomatoes Tossed Salad Jello Mixed Berry Frozen Cup

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# PONCA CITY HIGH SCHOOL

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Retro</b>	Hot Dog on Bun Chili/Cheese Dog Refried Beans Broccoli Salad Tossed Salad Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Steak Fingers Mashed Potatoes, Cheesy Broccoli Tossed Salad Fresh Fruit	Pizza, Assorted Tossed Salad Grape Tomatoes Fresh Fruit
<b>CHIX</b>	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

**PONCA CITY HIGH SCHOOL (CONTINUED)**

<p><b>On the Fly</b></p>	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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## ST. MARY'S

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Lunch</b>	Hamburger Glazed Carrots Baked Beans Pears: Canned, Light Syrup	Soft Taco Tossed Salad Refried Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Pears: Canned, Light Syrup	Mac & Cheese Grape Tomatoes Corn Pears: Canned, Light Syrup	Cheese Pocket Tossed Salad Jello Pears: Canned, Light Syrup

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## WASHINGTON PRE-K CENTER

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Lunch</b>	Hamburger Glazed Carrots Strawberries, Fresh	Soft Taco Refried Beans Strawberries, Fresh	Chicken Strips Mashed Potatoes Country Gravy Strawberries, Fresh	Pepperoni Pinwheel Green Beans Strawberries, Fresh	Mac & Cheese Tossed Salad Jello Strawberries, Fresh

## WEST MIDDLE SCHOOL

	<u>04/26</u>	<u>04/27</u>	<u>04/28</u>	<u>04/29</u>	<u>04/30</u>
<b>Lunch</b>	Hamburger Glazed Carrots Baked Beans Mixed Berry Frozen Cup	Soft Taco Hot Dog Tossed Salad Refried Beans Mixed Berry Frozen Cup	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Berry Frozen Cup	Pepperoni Pinwheel BBQ Sandwich Baby Carrots Corn Mixed Berry Frozen Cup	Mac & Cheese Chicken Parmesan Garlic Bread Grape Tomatoes Tossed Salad Jello Mixed Berry Frozen Cup

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