

EAST MID HIGH

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Lunch	Hamburger Baked Beans Oven Fry Wedges Apples Cinnamon Slices	Nachos Meat & Cheese Refried Beans Tossed Salad Apples Cinnamon Slices	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apples Cinnamon Slices	Corn Dog Rib Dippers Biscuit Tossed Salad Glazed Carrots Apples Cinnamon Slices	Pizza, Assorted Baby Carrots Corn Jello Tossed Salad Apples Cinnamon Slices
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Orange, Fresh Wedges	Nachos Meat & Cheese Tossed Salad Refried Beans Orange, Fresh Wedges	Chicken Leg Green Beans Mashed Potatoes Orange, Fresh Wedges	Rib Dippers Biscuit Tossed Salad Glazed Carrots Orange, Fresh Wedges	Corn Dog Baby Carrots Corn Jello Orange, Fresh Wedges
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Retro	Pasta Noodles Marinara Sauce Tossed Salad California Blend Veggies Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Chicken Patty Sandwich Broccoli w/Cheese Grape Tomatoes Fresh Fruit Tossed Salad	Pizza, Assorted Tossed Salad Corn Fresh Fruit
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Lunch	Hamburger Baked Beans Oven Fry Wedges Apples Cinnamon Slices	Nachos Meat & Cheese Refried Beans Tossed Salad Apples Cinnamon Slices	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apples Cinnamon Slices	Rib Dippers Biscuit Tossed Salad Glazed Carrots Apples Cinnamon Slices	Corn Dog Baby Carrots Corn Apples Cinnamon Slices
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Lunch	Hamburger Oven Fry Wedges Orange, Fresh Wedges	Nachos Meat & Cheese Tossed Salad Orange, Fresh Wedges	Chicken Leg Mashed Potatoes Country Gravy Orange, Fresh Wedges	Rib Dippers Biscuit Glazed Carrots Orange, Fresh Wedges	Corn Dog Baby Carrots Corn Jello Orange, Fresh Wedges

WEST MIDDLE SCHOOL

	<u>04/12</u>	<u>04/13</u>	<u>04/14</u>	<u>04/15</u>	<u>04/16</u>
Lunch	Hamburger Baked Beans Oven Fry Wedges Orange, Fresh Wedges	Nachos Meat & Cheese Refried Beans Tossed Salad Orange, Fresh Wedges	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Orange, Fresh Wedges	Rib Dippers Biscuit Tossed Salad Glazed Carrots Orange, Fresh Wedges	Corn Dog Baby Carrots Corn Jello Orange, Fresh Wedges
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					