

EAST MID HIGH

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Lunch	Rib Patty Sandwich Cheese Bites Marinara Sauce Glazed Carrots Baked Beans	Soft Taco Hot Dog Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Mac & Cheese BBQ Sandwich Tossed Salad Baby Carrots Potato Wedge Apple Slices Pkg	Pizza, Cheese Pizza, Pepperoni Tossed Salad Corn Grape Tomatoes Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Lunch	Rib Patty Sandwich Glazed Carrots Baked Beans Apple Slices Pkg	Soft Taco Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Pepperoni Pinwheel Baby Carrots Corn Apple Slices Pkg	Mac & Cheese Grape Tomatoes Tossed Salad Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Retro	Burrito Chili Refried Beans Tossed Salad Grape Tomatoes Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Steak Fingers Mashed Potatoes Broccoli Fruit, Fresh Assorted	Pizza Tossed Salad Fruit, Fresh Assorted Grape Tomatoes
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Lunch	Rib Patty Sandwich Glazed Carrots Baked Beans Apple Slices Pkg	Soft Taco Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Mac & Cheese Tossed Salad Baby Carrots Potato Wedge Apple Slices Pkg	Cheese Pocket Marinara Sauce Corn Grape Tomatoes Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Lunch	Rib Patty Sandwich Glazed Carrots Baked Beans Apple Slices Pkg	Soft Taco Refried Beans Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Apple Slices Pkg	Pepperoni Pinwheel Green Beans Apple Slices Pkg	Mac & Cheese Salad, Tossed No Dressing Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>03/08</u>	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>
Lunch	Rib Patty Sandwich Glazed Carrots Baked Beans Apple Slices Pkg	Soft Taco Hot Dog Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Pepperoni Pinwheel Tossed Salad Baby Carrots Potato Wedge Apple Slices Pkg	Mac & Cheese Chicken Parmesan Garlic Bread Corn Grape Tomatoes Apple Slices Pkg
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