

## EAST MID HIGH

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Lunch</b>	Hamburger Tossed Salad Baby Carrots Ranch Dressing French Fries Pears, Fresh Med.	Frito Chili Pie Tossed Salad Mexi Beans Pears, Fresh Med.	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Pears, Fresh Med.	TBA Pears, Fresh Med.	TBA Pears, Fresh Med.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

## ELEMENTARY SCHOOLS

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Lunch</b>	Hamburger Ranch Beans French Fries Cinnamon Applesauce	Frito Chili Pie Tossed Salad Refried Beans Cinnamon Applesauce	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Cinnamon Applesauce	Chicken & Noodles Garlic Bread Tossed Salad Cherry Tomatoes Cinnamon Applesauce	Fish Stick Corn Baby Carrots Cinnamon Applesauce
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

# PONCA CITY HIGH SCHOOL

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Retro</b>	Chili/Cheese Dog Cherry Tomatoes Mexi Beans Tossed Salad Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chickn Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	TBA Fruit, Fresh Assorted	TBA Fruit, Fresh Assorted
<b>CHIX</b>	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

## PONCA CITY HIGH SCHOOL (CONTINUED)

<b>On the Fly</b>	Pepperoni Pizza Crispy Chicken Salad	Pepperoni Pinwheel Crispy Chicken Salad	Pepperoni Pizza Crispy Chicken Salad	Pepperoni Pinwheel Crispy Chicken	Pepperoni Pizza Crispy Chicken Salad
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	Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

## ST. MARY'S

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Lunch</b>	Hamburger French Fries Ranch Beans Pears, Fresh Med.	Frito Chili Pie Tossed Salad Mexi Beans Pears, Fresh Med.	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Pears, Fresh Med.	TBA Pears, Fresh Med.	TBA Pears, Fresh Med.
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## WASHINGTON PRE-K CENTER

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Lunch</b>	Hamburger French Fries Cinnamon Applesauce	Frito Chili Pie Refried Beans Cinnamon Applesauce	Chicken Leg Mashed Potatoes Country Gravy Cinnamon Applesauce	Chicken & Noodles Tossed Salad Cinnamon Applesauce	Fish Stick Corn Cinnamon Applesauce

## WEST MIDDLE SCHOOL

	<u>03/29</u>	<u>03/30</u>	<u>03/31</u>	<u>04/01</u>	<u>04/02</u>
<b>Lunch</b>	Hamburger Baby Carrots Ranch Dressing French Fries Cinnamon Applesauce	Frito Chili Pie Chicken Patty Sandwich Refried Beans Tossed Salad Cinnamon Applesauce	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Cinnamon Applesauce	Chicken & Noodles Sandwich, Meatball Garlic Bread Tossed Salad Grape Tomatoes Cinnamon Applesauce	Fish Stick Baby Carrots Corn Cinnamon Applesauce
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					