

EAST MID HIGH

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Tossed Salad Chicken Wrap Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Crispy Taco Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh Tossed Salad	Bean Burrito Chili Tossed Salad Glazed Carrots Blueberries, Fresh	Pizza, Cheese Pizza, Pepperoni Broccoli Dressing, Ranch Grape, Tomatoes Blueberries, Fresh

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Tossed Salad Refried Beans Mexi Rice Blueberries, Fresh	Popcorn Smackers Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Beef Burrito Cheese Sauce Glazed Carrots Tossed Salad Blueberries, Fresh	Cheese Lasagna Broccoli w/Cheese Grape, Tomatoes Blueberries, Fresh Rice Krispie Treats

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Retro	Ravioli Tossed Salad Broccoli Fruit, Fresh Assorted	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Salisbury Steak Dinner Roll Mashed Potatoes Tossed Salad Fruit, Fresh Assorted	Cheese Pocket Marinara Sauce Ranch Beans Cherry Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub ----- Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub ----- Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

<p>On the Fly</p>	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Beef Burrito Tossed Salad Glazed Carrots Blueberries, Fresh	Stuffed Crust Pizza Broccoli w/Cheese Cherry Tomatoes Blueberries, Fresh Rice Krispie Treats
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Lunch	Breaded Mini Ravioli Marinara Sauce California Blend Veggies Blueberries, Fresh	Cheese Enchilada Mexi Beans Blueberries, Fresh	Popcorn Smackers Mashed Potatoes Country Gravy Blueberries, Fresh	Beef Burrito Glazed Carrots Blueberries, Fresh	Cheese Lasagna Broccoli w/Cheese Blueberries, Fresh Rice Krispie Treats

WEST MIDDLE SCHOOL

	<u>03/22</u>	<u>03/23</u>	<u>03/24</u>	<u>03/25</u>	<u>03/26</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Chicken Wrap California Blend Veggies Cherry Tomatoes Blueberries, Fresh	Cheese Enchilada Crispy Taco Tossed Salad Refried Beans Mexi Rice Blueberries, Fresh	Popcorn Smackers Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Chili Burrito Glazed Carrots Tossed Salad Peaches, Sliced Blueberries, Fresh	Cheese Lasagna Broccoli Dressing, Ranch Grape, Tomatoes Blueberries, Fresh Rice Krispie Treats
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					