

EAST MID HIGH

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Lunch	Hamburger Cheese, Slice, American Baby Carrots Ranch Dressing French Fries Pears: Canned, Light Syrup	Frito Chili Pie Chicken Patty Sandwich Tossed Salad Mexi Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Chicken & Noodles Garlic Bread Tossed Salad Cherry Tomatoes Pears: Canned, Light Syrup	

ELEMENTARY SCHOOLS

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Lunch	Hamburger Cheese, Slice, American Ranch Beans French Fries Pears: Canned, Light Syrup	Frito Chili Pie Tossed Salad Mexi Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Pears, Frozen Fruit Cup	Chicken & Noodles Garlic Bread Tossed Salad Cherry Tomatoes Pears: Canned, Light Syrup	

PONCA CITY HIGH SCHOOL

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Retro	Cheese Lasagna Garlic Bread California Blend Veggies Broccoli Salad Tossed Salad Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Chicken Leg Pasta Salad Broccoli w/Cheese Fruit, Fresh Assorted	
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist
PONCA CITY HIGH SCHOOL (CONTINUED)					
On the Fly	Pepperoni Pizza	Pepperoni Pinwheel	Pepperoni Pizza	Pepperoni Pinwheel	Pepperoni Pizza

	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
--	--	---	---	---	---

ST. MARY'S

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Lunch	Hamburger Cheese, Slice, American Ranch Beans French Fries Pears: Canned, Light Syrup	Frito Chili Pie Tossed Salad Mexi Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Chicken & Noodles Garlic Bread Tossed Salad Cherry Tomatoes Rice Krispie Treats Pears: Canned, Light Syrup	Beef Bean Burrito Cheese Sauce Refried Beans Corn Jello Pears: Canned, Light Syrup

WASHINGTON PRE-K CENTER

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Lunch	Hamburger on Bun Cheese, Slice, American French Fries Pears: Canned, Light Syrup	Frito Chili Pie Mexi Beans Pears: Canned, Light Syrup	Chicken Strip Mashed Potatoes Country Gravy Pears: Canned, Light Syrup	Chicken & Noodles Tossed Salad Pears: Canned, Light Syrup	

WEST MIDDLE SCHOOL

	<u>02/08</u>	<u>02/09</u>	<u>02/10</u>	<u>02/11</u>	<u>02/12</u>
Lunch	Hamburger Cheese, Slice, American Ranch Beans French Fries Pears: Canned, Light Syrup	Frito Chili Pie Chicken Patty Sandwich Tossed Salad Mexi Beans Pears: Canned, Light Syrup	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Chicken & Noodles Garlic Bread Sandwich, Meatball Tossed Salad Cherry Tomatoes Pears: Canned, Light Syrup	