

DISTANCE LEARNING MENUS

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Senior High and White Eagle		Cheeseburger Baked Beans Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H	Rib Patty Sandwich Sweet Potato Fries Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H	Pepperoni Pinwheel Sweet Potato, Candied Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H
West, Union, and Garfield		Steak Fingers Potato Wedge Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H	Chicken Nuggets Mashed Potatoes Green Beans Wheat Dinner Roll Dried Pineapple Fruit Juice, Assorted Milk, 1% Lowfat H	Rib Dippers Biscuit Baked Beans Cinnamon Applesauce Fruit Juice, Assorted Milk, 1% Lowfat H	Pepperoni Pizza Grape Tomatoes Cinnamon Applesauce Fruit Juice, Assorted Milk, 1% Lowfat H

EAST MID HIGH

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Lunch	Chicken Patty Sandwich Beef Bean Burrito Tossed Salad Carrot Sticks Mexi Beans Applesauce, Sweetened	Steak Fingers Cheese Enchilada Tossed Salad Scalloped Potatoes Applesauce, Sweetened	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Applesauce, Sweetened	Rib Dippers Chicken Leg Tossed Salad Biscuit Applesauce, Sweetened	Pepperoni Pizza Broccoli Grape Tomatoes Applesauce, Sweetened

ELEMENTARY SCHOOLS

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Lunch	Chicken Patty Sandwich Baby Carrots Mexi Beans Peaches, Sliced	Steak Fingers Potato Wedge Tossed Salad Chocolate Chip Bar Peaches, Sliced	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	Rib Dippers Tossed Salad Biscuit Peaches, Sliced	Pepperoni Pizza Broccoli Grape Tomatoes Peaches, Sliced

PONCA CITY HIGH SCHOOL

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Retro	BBQ Sandwich Tossed Salad Broccoli Fruit, Fresh Assorted				
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted				
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian</u> <u>Kiosk</u> Lemongrass Chicken Tangerine Chicken				

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly

Pepperoni Pizza

Crispy Chicken
Salad

Salad, Ham
Garden

Chicken Salad

Chicken Wrap

Apple Berry Salad

Spinach Salad
w/Berries

Combo Sub

Fruit, Fresh
Assorted

ST. MARY'S

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Lunch	Chicken Patty Sandwich Baby Carrots Mexi Beans Peaches, Sliced	Steak Fingers Tossed Salad Potato Wedge Applesauce, Sweetened	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Applesauce, Sweetened	Rib Dippers Tossed Salad Biscuit Applesauce, Sweetened	Pepperoni Pizza Broccoli Grape Tomatoes Applesauce, Sweetened

WASHINGTON PRE-K CENTER

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Lunch	Chicken Patty Sandwich Mexi Beans Peaches, Sliced	Steak Fingers Potato Wedge Peaches, Sliced	Chicken Nuggets Mashed Potatoes Country Gravy Peaches, Sliced	Rib Dippers Biscuit Baked Beans Peaches, Sliced	Pepperoni Pizza Grape Tomatoes Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>11/30</u>	<u>12/01</u>	<u>12/02</u>	<u>12/03</u>	<u>12/04</u>
Lunch	Chicken Patty Sandwich Bean Burrito Cherry Tomatoes Mexi Beans Peaches, Sliced	Steak Fingers Cheese Enchilada Potato Wedge Tossed Salad Chocolate Chip Bar Peaches, Sliced	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	Rib Dippers Chicken Leg Tossed Salad Biscuit Peaches, Sliced	Pepperoni Pizza Broccoli Grape Tomatoes Peaches, Sliced