

EAST MID HIGH

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Peaches, Sliced	Frito Chili Pie Corn Dog Glazed Carrots Tossed Salad Peaches, Sliced	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Chicken Wrap Breadstick Bites Sauce, Marinara Ranch Beans Tossed Salad Peaches, Sliced	

ELEMENTARY SCHOOLS

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Potato Smiles Cinnamon Applesauce	Corn Dog Glazed Carrots Tossed Salad Cinnamon Applesauce	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Cinnamon Applesauce	Breadstick Bites Sauce, Marinara Tossed Salad Ranch Beans Cinnamon Applesauce	

PONCA CITY HIGH SCHOOL

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Retro	Pasta Noodles Marinara Sauce California Blend Veggies Cherry Tomatoes Tossed Salad	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Steak, Chicken Fried Glazed Carrots Pasta Salad Tossed Salad Baby Carrots Fruit, Fresh Assorted	
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	
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ST. MARY'S

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Potato Smiles Peaches, Sliced	Corn Dog Glazed Carrots Tossed Salad Peaches, Sliced	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Breadstick Bites Sauce, Marinara Tossed Salad Ranch Beans Peaches, Sliced	

WASHINGTON PRE-K CENTER

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Cinnamon Applesauce	Corn Dog Glazed Carrots Cinnamon Applesauce	Chicken Leg Mashed Potatoes Cinnamon Applesauce	Breadstick Bites Sauce, Marinara Tossed Salad Cinnamon Applesauce	

WEST MIDDLE SCHOOL

	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Baked Beans Cinnamon Applesauce	Frito Chili Pie Corn Dog Glazed Carrots Tossed Salad Cinnamon Applesauce	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Cinnamon Applesauce	Breadstick Bites Sauce, Marinara Chicken Wrap Tossed Salad Ranch Beans Cinnamon Applesauce	