

## EAST MID HIGH

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Lunch</b>	Chicken Wrap Mini Twin Cheeseburger Harvest Cheddar Sun Chip Cherry Tomatoes Baked Beans Pears: Canned, Light Syrup	Crispy Taco Cheese Enchilada Mexi Rice Refried Beans Tossed Salad Pears: Canned, Light Syrup	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Lasagna Rollup Pepperoni Pinwheel Tossed Salad Glazed Carrots Pears: Canned, Light Syrup Sugar Cookie	Hot Dog Rib Dippers Biscuit Potato Salad Broccoli Pears: Canned, Light Syrup

## ELEMENTARY SCHOOLS

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Lunch</b>	Mini Twin Sliders Carrot Sticks Baked Beans Harvest Cheddar Sun Chip Apple Slices Pkg	Cheese Enchilada Mexi Rice Refried Beans Tossed Salad Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Cheese Lasagna Glazed Carrots Tossed Salad Apple Slices Pkg Cookie, Sugar or Snickerdoodle	Hot Dog Potato Salad Broccoli Apple Slices Pkg

## PONCA CITY HIGH SCHOOL

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Retro and CHIX (Commons) Line</b>	Bar, Byo Baked Potato Broccoli Tossed Salad Fruit, Fresh Assorted	Cheeseburger Baked Beans Potatoes, Tater Tots Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Salisbury Steak Tossed Salad Corn Mashed Potatoes Fruit, Fresh Assorted	Bean Burrito Chili Cheese Sauce Refried Beans Tossed Salad Fruit, Fresh Assorted

## ST. MARY'S

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Lunch</b>	Mini Twin Cheeseburger Harvest Cheddar Sun Chip Cherry Tomatoes Baked Beans Pears: Canned, Light Syrup	Cheese Enchilada Tossed Salad Mexi Rice Refried Beans Pears: Canned, Light Syrup	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Cheese Lasagna Tossed Salad Glazed Carrots Sugar Cookie Pears: Canned, Light Syrup	Hot Dog Potato Salad Broccoli, Raw Pears: Canned, Light Syrup

## WASHINGTON PRE-K CENTER

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Lunch</b>	Mini Twin Cheeseburger Baked Beans Apple Slices Pkg LowFat Milk	Cheese Enchilada Refried Beans Apple Slices Pkg LowFat Milk	Chicken Nuggets Mashed Potatoes Apple Slices Pkg LowFat Milk	Cheese Lasagna Glazed Carrots Apple Slices Pkg Sugar Cookie LowFat Milk	Hot Dog on Bun Broccoli, Raw: Fresh Apple Slices Pkg LowFat Milk

## WEST MIDDLE SCHOOL

	<u>09/21</u>	<u>09/22</u>	<u>09/23</u>	<u>09/24</u>	<u>09/25</u>
<b>Lunch</b>	Chicken Wrap Mini Twin Cheeseburger Harvest Cheddar Sun Chip Baked Beans Apple Slices Pkg	Crispy Taco Cheese Enchilada Tossed Salad Mexi Rice Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Cheese Lasagna Pepperoni Pinwheel Glazed Carrots Tossed Salad Apple Slices Pkg Sugar Cookie	Hot Dog Rib Dippers Biscuit Potato Salad Broccoli Apple Slices Pkg