

EAST MID HIGH

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Broccoli w/Cheese Baked Beans	Frito Chili Pie Corn Dog Tossed Salad Glazed Carrots Peaches, Sliced	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Chicken Wrap Breadstick Bites Sauce, Marinara Ranch Beans Tossed Salad Peaches, Sliced Mexi Rice	Pepperoni Pizza Wedge Corn Carrot Sticks Peaches, Sliced

ELEMENTARY SCHOOLS

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Broccoli w/Cheese Baked Beans	Corn Dog Glazed Carrots Tossed Salad Strawberries	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Strawberries	Breadstick Bites Sauce, Marinara Ranch Beans Tossed Salad Strawberries	Pepperoni Pizza Wedge Corn Carrot Sticks Strawberries

PONCA CITY HIGH SCHOOL

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Retro and Chix (Commons)	Chicken Wings French Fries Dinner Roll Tossed Salad Baby Carrots Grape Tomatoes Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad	Chicken Wings French Fries Tossed Salad Cucumber Salad Baby Carrots Fruit, Fresh Assorted
My Way	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Frech Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl Fresh Fruit	Pasta Noodles Spaghetti Noodles Chicken Alfredo Sauce Marinara Sauce Garlic Bread Corn Tossed Salad Fresh Fruit	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Ww 12” Mission 12579 Salsa, Frech Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Fresh Fruit	Rice Bowls Tangerine Chicken Lemon Grass Chicken Thai Chicken Rice, White Oriental Vegetables Fresh Fruit	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Ww 12” Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Frech Pico de Gallo Lettuce, Shredded Mexi Rice Fresh Fruit
On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Broccoli w/Cheese Apple Slices Pkg	Corn Dog Tossed Salad Glazed Carrots Peaches, Sliced	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Breadstick Bites Sauce, Marinara Ranch Beans Tossed Salad Peaches, Sliced	Pepperoni Pizza Wedge Corn Carrot Sticks Peaches, Sliced

WASHINGTON PRE-K CENTER

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Apple Slices Pkg Milk, 1% Lowfat H	Corn Dog Glazed Carrots Strawberries LowFat Milk	Chicken Leg Mashed Potatoes Strawberries LowFat Milk	Breadstick Bites Sauce, Marinara Tossed Salad Strawberries LowFat Milk	Pepperoni Pizza Wedge Corn Strawberries LowFat Milk

WEST MIDDLE SCHOOL

	<u>08/31</u>	<u>09/01</u>	<u>09/02</u>	<u>09/03</u>	<u>09/04</u>
Lunch	Hamburger Cheese, Slice, American Potato Smiles Baked Beans	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Strawberries	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Strawberries	Chicken Wrap Breadstick Bites Sauce, Marinara Ranch Beans Tossed Salad Strawberries	Pepperoni Pizza Wedge Corn Carrot Sticks Strawberries