

EAST MID HIGH

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Lunch	Mini Corn Dogs Baby Carrots Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Oriental Vegetables Cherry Tomatoes Tossed Salad Apple Slices Pkg	Pepperoni Pinwheel Broccoli w/Cheese Tossed Salad Apple Slices Pkg

ELEMENTARY SCHOOLS

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Lunch	Mini Corn Dogs Baby Carrots Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Rice, White Oriental Vegetables Cherry Tomatoes Apple Slices Pkg	Pepperoni Pinwheel Broccoli w/Cheese Tossed Salad Apple Slices Pkg

PONCA CITY HIGH SCHOOL

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Retro	Chicken Wings Dinner Roll French Fries Baby Carrots Grape Tomatoes Tossed Salad Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad Fruit, Fresh Assorted	Chicken Wings French Fries Tossed Salad Cucumber Salad Baby Carrots Fruit, Fresh Assorted Grape Tomatoes
CHIX	Chicken Wings Dinner Roll French Fries Baby Carrots Grape Tomatoes Tossed Salad Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Hamburger Chicken Patty Sandwich Baked Beans French Fries Baby Carrots Grape Tomatoes Tossed Salad Fruit, Fresh Assorted	Chicken Wings French Fries Tossed Salad Cucumber Salad Baby Carrots Fruit, Fresh Assorted Grape Tomatoes
My Way	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Frech Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl Fresh Fruit	Pasta Noodles Spaghetti Noodles Chicken Alfredo Sauce Marinara Sauce Garlic Bread Corn Tossed Salad Fresh Fruit	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Ww 12” Mission 12579 Salsa, Frech Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Fresh Fruit	Rice Bowls Tangerine Chicken Lemon Grass Chicken Thai Chicken Rice, White Oriental Vegetables Fresh Fruit	Byo, Taco Bowl Taco Meat Pork Season Cuban Tortilla, Ww 12” Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Frech Pico de Gallo Lettuce, Shredded Mexi Rice Fresh Fruit

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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ST. MARY'S

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Lunch	Mini Corn Dogs Baby Carrots Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Apple Slices Pkg	Pepperoni Pinwheel Broccoli w/Cheese Tossed Salad Apple Slices Pkg

WASHINGTON PRE-K CENTER

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Lunch	Mini Corn Dogs Baby Carrots Apple Slices Pkg Milk, 1% Lowfat H	Mac & Cheese Tossed Salad Apple Slices Pkg Milk, 1% Lowfat H	Popcorn Chicken Mashed Potatoes Dinner Roll Apple Slices Pkg Milk, 1% Lowfat H	Tangerine Chicken Rice, White Oriental Vegetables Apple Slices Pkg Milk, 1% Lowfat H	Pepperoni Pinwheel Broccoli w/Cheese Apple Slices Pkg Milk, 1% Lowfat H

WEST MIDDLE SCHOOL

	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>
Lunch	Mini Corn Dogs Baby Carrots Baked Beans Apple Slices Pkg	Mac & Cheese Tossed Salad Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Oriental Vegetables Cherry Tomatoes Apple Slices Pkg	Pepperoni Pinwheel Broccoli w/Cheese Tossed Salad Apple Slices Pkg