

## **EAST MID HIGH**

	<u><b>03/09</b></u>	<u><b>03/10</b></u>	<u><b>03/11</b></u>	<u><b>03/12</b></u>	<u><b>03/13</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Tossed Salad Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Tossed Salad Apple Slices Pkg	Dill Pickle Chicken Chunks Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Tossed Salad Apple Slices Pkg	

## **ELEMENTARY SCHOOLS**

	<u><b>03/09</b></u>	<u><b>03/10</b></u>	<u><b>03/11</b></u>	<u><b>03/12</b></u>	<u><b>03/13</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Dill Pickle Chicken Chunks Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Chicken & Noodles Breadstick Bites Sauce, Marinara Mixed Vegetables Tossed Salad Apple Slices Pkg	

# PONCA CITY HIGH SCHOOL

	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>
<b>Retro</b>	Spaghetti & Meat Sauce Pasta Noodles Mashed Potatoes Tossed Salad Vegetables, California Blend Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Nachos Meat & Cheese Biscuit Chicken & Noodles Scalloped Potatoes Baby Carrots Fruit, Fresh Assorted	
<b>CHIX</b>	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	

## ST. MARY'S

	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Pretzel Cheese Sauce Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Dill Pickle Chicken Chunks Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Stuffed Crust Pizza Sandwich, Tuna Salad Corn Carrot Sticks Apple Slices Pkg

## WASHINGTON PRE-K CENTER

	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>
<b>Lunch</b>	Hamburger Potato Wedge Apple Slices Pkg	Corn Dog Glazed Carrots Apple Slices Pkg	Chicken Leg Mashed Potatoes Apple Slices Pkg	Breadstick Bites Sauce, Marinara Green Beans Apple Slices Pkg	

## WEST MIDDLE SCHOOL

	<u>03/09</u>	<u>03/10</u>	<u>03/11</u>	<u>03/12</u>	<u>03/13</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Dill Pickle Chicken Chunks Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Chicken & Noodles Breadstick Bites Sauce, Marinara Italian Vegetables Tossed Salad Apple Slices Pkg	