

EAST MID HIGH

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	

ELEMENTARY SCHOOLS

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Lasagna Rollup Breadstick Bites Sauce, Marinara Italian Vegetables Tossed Salad Apple Slices Pkg	

PONCA CITY HIGH SCHOOL

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Retro	Pasta Noodles Spaghetti & Meat Sauce Sandwich, Meatball Broccoli Mashed Potatoes Tossed Salad Fruit, Fresh Assorted Vegetables, California Blend	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Nachos Meat & Cheese Chicken Wrap Refried Beans Mexi Rice Baby Carrots Fruit, Fresh Assorted	
CHIX	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	
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	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Carrot Sticks Apple Slices Pkg	Frito Chili Pie Corn Dog Tossed Salad Glazed Carrots Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	PBJ Sack Lunch

WASHINGTON PRE-K CENTER

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Apple Slices Pkg	Corn Dog Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Apple Slices Pkg	Breadstick Bites Sauce, Marinara Green Beans Apple Slices Pkg	

WEST MIDDLE SCHOOL

	<u>10/07</u>	<u>10/08</u>	<u>10/09</u>	<u>10/10</u>	<u>10/11</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Lasagna Rollup Breadstick Bites Sauce, Marinara Italian Vegetables Tossed Salad Apple Slices Pkg	