

## EAST MID HIGH

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Glazed Carrots Cheese Sauce Mexi Beans Peaches, Sliced	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Rib Dippers Chicken Leg Biscuit Tossed Salad Vegetables, California Blend Peaches, Sliced	

## ELEMENTARY SCHOOLS

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Mixed Fruit	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Chicken Leg Biscuit Tossed Salad Vegetables, California Blend Mixed Fruit	

# PONCA CITY HIGH SCHOOL

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Retro</b>	Cheese Bites Marinara Sauce Broccoli w/Cheese Tossed Salad Grape Tomatoes Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Wildcat Burger Mac & Cheese Baked Beans (Vegetarian) Mixed Vegetables Tossed Salad Fruit, Fresh Assorted	
<b>CHIX</b>	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	

## ST. MARY'S

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Applesauce, Sweetened	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Applesauce, Sweetened	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Applesauce, Sweetened	Rib Dippers Chicken Leg Biscuit Tossed Salad Vegetables, California Blend Applesauce, Sweetened	

## WASHINGTON PRE-K CENTER

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Mixed Fruit	Steak Fingers Scalloped Potatoes Grape Tomatoes Mixed Fruit	Chicken Nuggets Mashed Potatoes Mixed Fruit	Rib Dippers Biscuit Green Beans Mixed Fruit	

## WEST MIDDLE SCHOOL

	<u>10/14</u>	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Mixed Fruit	Cheese Enchilada Hot Dog on Bun Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Chicken Leg Biscuit Tossed Salad Vegetables, California Blend Mixed Fruit	