

EAST MID HIGH

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Lunch	Rib Patty Sandwich French Bread Pizza Baked Beans Tossed Salad Glazed Carrots Watermelon Chunks	Nachos Meat & Cheese Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Watermelon Chunks	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	BBQ Sandwich Tossed Salad Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Watermelon Chunks	Bosco Stick Marinara Sauce Chicken Parmesan Tossed Salad Corn Muffin Corn Garbonza Bean Salad Watermelon Chunks

ELEMENTARY SCHOOLS

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Watermelon Chunks	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Watermelon Chunks	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	BBQ Sandwich Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Tossed Salad Watermelon Chunks	Bosco Stick Marinara Sauce Chicken Parmesan Corn Muffin Corn Garbonza Bean Salad Watermelon Chunks

PONCA CITY HIGH SCHOOL

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Retro	Steak Fingers Salisbury Steak Broccoli Mashed Potatoes Tossed Salad Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Chicken Leg Rib Dippers Biscuit Scalloped Potatoes Baby Carrots Fruit, Fresh Assorted	Frito Chili Pie Chili/Cheese Dog Mexi Beans Tossed Salad Cherry Tomatoes Jello Fruit, Fresh Assorted
CHIX	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Nacho Bites Potato Wedge Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf	Chicken Strips Mashed Potatoes Green Beans Dinner Roll	BBQ Sandwich Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Tossed Salad	Bosco Stick Marinara Sauce Chicken Parmesan Corn Muffin Corn Garbonza Bean Salad

WASHINGTON PRE-K CENTER

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Lunch	Pepperoni Pizza Glazed Carrots Watermelon	Tangerine Chicken Peas Brown Rice Pilaf Watermelon	Chicken Strips Mashed Potatoes Country Gravy Watermelon	BBQ Sandwich Green Beans Watermelon	Bosco Stick Marinara Sauce Corn Watermelon

WEST MIDDLE SCHOOL

	<u>08/26</u>	<u>08/27</u>	<u>08/28</u>	<u>08/29</u>	<u>08/30</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Watermelon Chunks	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Watermelon Chunks	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	BBQ Sandwich Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Tossed Salad Watermelon Chunks	Bosco Stick Marinara Sauce Chicken Parmesan Corn Muffin Corn Garbonza Bean Salad Watermelon Chunks