

EAST MID HIGH

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Lunch	Chicken Patty Sandwich Beef Bean Burrito Ranch Beans Baby Carrots Tossed Salad Fresh Fruit	Steak Fingers Cheese Enchilada Biscuit Scalloped Potatoes Tossed Salad Fresh Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Fresh Fruit	Rib Dippers Garlic Bread Chicken & Noodles Vegetables, California Blend Tossed Salad Fresh Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Tossed Salad Broccoli w/Cheese Cherry Tomatoes Fresh Fruit

ELEMENTARY SCHOOLS

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Mixed Fruit	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Chicken & Noodles Rib Dippers Garlic Bread Tossed Salad Vegetables, California Blend Mixed Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Mixed Fruit

PONCA CITY HIGH SCHOOL

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Retro	Wildcat Burger Potato Spirals Glazed Carrots Tossed Salad Fruit, Fresh Assorted	Cheeseburger Bacon Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Cheese Bites Corn Sauce, Marinara Tossed Salad Jello Fruit, Fresh Assorted	Cheeseburger Chicken Patty Sandwich Tossed Salad Mexi Beans Grape Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Thai Chicken French Fries Nacho Bites Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat
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	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Lunch	Chicken Patty Sandwich Beef Bean Burrito Refried Beans Baby Carrots Turkey Sandwich Applesauce, Sweet Cinnamon	Steak Fingers Cheese Enchilada Biscuit Scalloped Potatoes Tossed Salad Applesauce, Sweet Cinnamon	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Applesauce, Sweet Cinnamon	Rib Dippers Garlic Bread Chicken & Noodles Vegetables, California Blend Tossed Salad Applesauce, Sweet Cinnamon	Cheese Bread Marinara Sauce Seasoned Black Beans Broccoli w/Cheese Cherry Tomatoes Applesauce, Sweet Cinnamon

WASHINGTON PRE-K CENTER

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Lunch	Chicken Patty Sandwich Refried Beans Mixed Fruit	Steak Fingers Grape Tomatoes Ranch Dressing Mixed Fruit	Chicken Nuggets Cream Gravy Mashed Potatoes Mixed Fruit	Rib Dippers Garlic Bread Green Beans Mixed Fruit	Cheese Bread Marinara Sauce Broccoli, Steamed Mixed Fruit

WEST MIDDLE SCHOOL

	<u>01/07</u>	<u>01/08</u>	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Mixed Fruit	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Chicken & Noodles Rib Dippers Garlic Bread Tossed Salad Vegetables, California Blend Mixed Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Mixed Fruit