

EAST MID HIGH

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Lunch		Mini Corn Dogs Mac & Cheese Tossed Salad Broccoli, Steamed Seasoned Black Beans Raisins, Seedless	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Raisins, Seedless	Lemongrass Chicken Crispy Taco Brown Rice Pilaf Cherry Tomatoes Tossed Salad Raisins, Seedless	Artisan Sausage Pizza Corn Salad Italian Vegetables Tossed Salad Raisins, Seedless

ELEMENTARY SCHOOLS

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Lunch		Mac & Cheese Chicken & Waffles Tossed Salad Seasoned Black Beans Pears: Canned, Light Syrup	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Lemongrass Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Pears: Canned, Light Syrup	Artisan Sausage Pizza Italian Vegetables Corn Salad Pears: Canned, Light Syrup

PONCA CITY HIGH SCHOOL

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Retro		Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Wrap Tossed Salad Baby Carrots California Blend Veggies Jello Fruit, Fresh Assorted	Cheeseburger Chicken Patty Sandwich California Blend Veggies Tossed Salad Cherry Tomatoes Fruit, Fresh Assorted
CHIX		Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Thai Chicken French Fries Nacho Bites Dinner Roll Fruit, Fresh Assorted
My Way		<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar

On the Fly		Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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ST. MARY'S

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Lunch		Mini Corn Dogs Mac & Cheese Tossed Salad Broccoli, Steamed Seasoned Black Beans Raisins, Seedless	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Raisins, Seedless	Lemongrass Chicken Mini Twin Sliders Brown Rice Pilaf Cherry Tomatoes Tossed Salad Raisins, Seedless	Artisan Sausage Pizza Corn Salad Italian Vegetables Tossed Salad Raisins, Seedless

WASHINGTON PRE-K CENTER

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Lunch		Mac & Cheese Seasoned Black Beans Pears: Canned, Light Syrup	Popcorn Chicken Mashed Potatoes Country Gravy Pears: Canned, Light Syrup	Mini Twin Sliders Green Beans Pears: Canned, Light Syrup	Artisan Sausage Pizza Italian Vegetables Pears: Canned, Light Syrup

WEST MIDDLE SCHOOL

	<u>01/21</u>	<u>01/22</u>	<u>01/23</u>	<u>01/24</u>	<u>01/25</u>
Lunch		Mac & Cheese Chicken & Waffles Tossed Salad Seasoned Black Beans Pears: Canned, Light Syrup	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Pears: Canned, Light Syrup	Lemongrass Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Pears: Canned, Light Syrup	Artisan Sausage Pizza Italian Vegetables Corn Salad Pears: Canned, Light Syrup