

EAST MID HIGH

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Lunch	Rib Patty Sandwich French Bread Pizza Glazed Carrots Tossed Salad Baked Beans Apple Slices Pkg	Tangerine Chicken Brown Rice Pilaf Nachos Meat & Cheese Tossed Salad Peas Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	BBQ Sandwich Pollack Strips Baby Carrots Tossed Salad Potato Wedge Apple Slices Pkg	Chicken Parmesan Beef Taco Stick Marinara Sauce Italian Vegetables Corn Salad Apple Slices Pkg

ELEMENTARY SCHOOLS

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Grilled Cheese Sandwich Pollack Strips Carrot Sticks Harvest Cheddar Sun Chip Tossed Salad Apple Slices Pkg	Beef Taco Stick Marinara Sauce Chicken Parmesan Bread Stick Corn Garbonza Bean Salad Apple Slices Pkg

PONCA CITY HIGH SCHOOL

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Retro	Steak Fingers Glazed Carrots Mashed Potatoes Tossed Salad Fruit, Fresh Assorted	Cheeseburger Potatoes, Tater Tots Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Patty Mac & Cheese California Blend Veggies Fruit, Fresh Assorted Jello	Cheeseburger Chicken Patty Sandwich Potatoes, Tater Tots Tossed Salad Jello Fruit, Fresh Assorted
CHIX	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Thai Chicken French Fries Nacho Bites Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Glazed Carrots Baked Beans Apple Slices Pkg	Tangerine Chicken Cheese Quesadilla Tossed Salad Glazed Carrots Brown Rice Pilaf Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	BBQ Sandwich Pollack Strips Baby Carrots Tossed Salad Potato Wedge Apple Slices Pkg	Chicken Parmesan Beef Taco Stick Marinara Sauce Bean Salad Corn Apple Slices Pkg

WASHINGTON PRE-K CENTER

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Lunch	Pepperoni Pizza Glazed Carrots Apple Slices Pkg	Tangerine Chicken Brown Rice Pilaf Peas Apple Slices Pkg	Chicken Strips Mashed Potatoes Country Gravy Apple Slices Pkg	Grilled Cheese Sandwich Green Beans Apple Slices Pkg	Bosco Stick Marinara Sauce Corn Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>01/14</u>	<u>01/15</u>	<u>01/16</u>	<u>01/17</u>	<u>01/18</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Apple Slices Pkg	Cheese Quesadilla Brown Rice Pilaf Tangerine Chicken Tossed Salad Peas Apple Slices Pkg	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Grilled Cheese Sandwich Pollack Strips Carrot Sticks Harvest Cheddar Sun Chip Tossed Salad Apple Slices Pkg	Beef Taco Stick Chicken Parmesan Bread Stick Corn Garbonza Bean Salad Apple Slices Pkg