

## EAST MID HIGH

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Lunch</b>	Chicken Patty Sandwich Beef Bean Burrito Refried Beans Baby Carrots Peaches, Sliced	Steak Fingers Cheese Enchilada Scalloped Potatoes Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Rib Dippers Garlic Bread Vegetables, California Blend Tossed Salad Peaches, Sliced	Cheese Bread Marinara Sauce Seasoned Black Beans Broccoli, Steamed Cherry Tomatoes Peaches, Sliced

## ELEMENTARY SCHOOLS

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Peaches, Sliced	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Chicken & Noodles Rib Dippers Garlic Bread Tossed Salad Vegetables, California Blend Peaches, Sliced	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Peaches, Sliced

# PONCA CITY HIGH SCHOOL

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Retro</b>	Wildcat Burger Potato Spirals Glazed Carrots Tossed Salad Fruit, Fresh Assorted	Cheeseburger Bacon Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chickn Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Cheese Bites Corn Sauce, Marinara Tossed Salad Jello Fruit, Fresh Assorted	Frito Chili Pie Tossed Salad Mexi Beans Grape Tomatoes Fruit, Fresh Assorted
<b>CHIX</b>	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Thai Chicken French Fries Nacho Bites Dinner Roll Fruit, Fresh Assorted
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat
	-----	-----	-----	-----	-----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

## ST. MARY'S

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito, Assorted Refried Beans Baby Carrots Peaches, Sliced	Steak Fingers Biscuit, Buttermilk Wg 2Oz Cheese Enchilada Scalloped Potatoes Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Rib Dippers Garlic Bread Chicken & Noodles Vegetables, California Blend Tossed Salad Peaches, Sliced	Cheese Bread Marinara Sauce Seasoned Black Beans Broccoli, Steamed Cherry Tomatoes Peaches, Sliced

## WASHINGTON PRE-K CENTER

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Lunch</b>	Chicken Patty Sandwich Refried Beans Peaches, Sliced	Steak Fingers Grape Tomatoes Peaches, Sliced	Chicken Nuggets Mashed Potatoes Dinner Roll Peaches, Sliced	Rib Dippers Garlic Bread Green Beans Peaches, Sliced	Cheese Bread Marinara Sauce Broccoli, Steamed Peaches, Sliced

## WEST MIDDLE SCHOOL

	<u>11/12</u>	<u>11/13</u>	<u>11/14</u>	<u>11/15</u>	<u>11/16</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Peaches, Sliced	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Chicken & Noodles Rib Dippers Garlic Bread Tossed Salad Vegetables, California Blend Peaches, Sliced	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Peaches, Sliced